EMERGENCY

Police, Ambulance, Fire ......................................................... 911
Alert Iowa .................................................................................. 319-385-1479
Sign up at www.henrycountyiowa.us/offices/ems. In the event of an emergency or severe weather condition, an alert will be sent to you.

American Red Cross (Emergency Disaster Assistance) www.redcross.org ......................................................... 319-393-3500
Child & Adult Abuse & Neglect (24 hrs/day) ............ 800-362-2178
Domestic Violence Intervention Program (DVIP) www.dviopiowa.org
24-hour hotline ................................................................. 800-373-1043
Henry County Health Center .............................................. 319-385-3141
Henry County Sheriff ............................................................. 319-385-2712
Text-a-Tip Hotline ............................................................. 319-931-3667
Text details about underage drinking, drug use, or any other crimes or tips.
Iowa Victim Service Call Center survivorhelpline .................. 800-770-1650
or text ‘IOWAHELP’ to 20121 for support for crime victims and concerned loved ones.
Poison Control Center ........................................................... 800-222-1222
Rape Victim Advocacy Program (RVAP) rvap.org
24-hour hotline ................................................................. 800-228-1625
Your Life Iowa 24-hour crisis hotline yourlifeiowa.org .................. 855-581-8111
Text ..................................................................................... 855-895-8398
Find support for problems with alcohol, drugs, gambling, mental health, and suicidal thoughts. Chat live, get reliable information & treatment options, & find help near you.

CHILD ABUSE PREVENTION

Child Abuse Prevention Trainings
Arin Jones, CPPC Coordinator .................................................. 319-385-8126
ACEs and Connections Matter www.iowaeaces360.org www.connectionsmatter.org
Adverse Childhood Experiences have a profound impact on future learning, behavior, and overall health. Trainings available to raise awareness of ACEs and how to prevent or mitigate the effects. Resilience screenings available - Kjirfilms.co/films
Poverty Simulation povertysimulation.net/about
Stewards of Children www.d2l.org
An evidence-informed, proactive approach to child sexual abuse prevention. Available online or through a facilitator-led session.
DHS - Iowa Department of Human Services dhs.iowa.gov
205 W. Madison St., Mt. Pleasant ........................................... 319-986-5157
Hrs: Monday - Friday 8am-4:30pm
Child welfare, child care assistance, and dependent adult protective services.

Mississippi Valley Child Protection Center
Serves Henry County ........................................................................ 563-264-0580
Forensic interviews, family advocacy, and medical examinations for child abuse victims and their non-offending caregivers. Also provides community education and training. Referrals for services must come from DHS and/or law enforcement.

For additional resources and information visit www.pcaiowa.org
To report child abuse please call 800-362-2178

CHILD CARE CENTERS

Early Head Start (birth-3 years) and Head Start (3-5 years) www.iowaheadstart.com
1303 W. Washington, Mt. Pleasant ........................................... 319-385-2310
These programs provide comprehensive child development and preschool for children from birth to 5 years of age. Full day and part day programs are available. Snacks and meals are provided for the children. Family development and referral services are available for families. Income guidelines apply.

Iowa Child Care Resource & Referral www.iowaccrr.org
Child Care Consultant .......................................................... 866-324-3236
Provides on-site consultation to licensed preschools, centers, non-registered home providers, and child development home providers.
Parent Referral line ............................................................... 855-244-5301
Assists families in selecting child care providers who best meet the needs of a child & their family.

New London Community Child Care Center
507 S. Walnut St., New London ............................................... 319-367-2412
Provides part-time, full-time and drop-in child care for children ages 6 weeks - 12 years in a licensed center, which is split up into 8 different developmentally & age appropriate groups. DHS assistance accepted. Call for openings.

CITY & COUNTY OFFICES

City Halls
Mt. Pleasant 307 E. Monroe St. ................................................ 319-385-1470
New London 112 W. Main St. ................................................... 319-367-7702
Olds 111 S. Main St. ............................................................... 319-254-2415
Salem 201 S. Main St. ............................................................... 319-258-4531
Wayland 218 W. Main St. ......................................................... 319-256-3276
Winfield 115 N. Locust St. ....................................................... 319-257-6661

Henry County Courthouse www.henrycountyiowa.us
100 E. Washington St., Mt. Pleasant
Motor vehicle registration, drivers licenses, property taxes & more.

Henry County Emergency Management www.henrycountyiowa.us/offices/ems
900 W. Washington, Mt. Pleasant ........................................... 319-385-1479
COUNSELING/MENTAL HEALTH

CHOICES Drop-In Center  www.firstresources.us
211 W. Monroe, Mt. Pleasant .................................................................319-201-1064
Hrs: Monday - Friday 9am-4:30pm; Saturday 1-3:30pm. Hours subject to change. CHOICES is a consumer run drop-in center that provides a critically important social support for persons with psychiatric needs. CHOICES is run by peers and is a place where you can relax, be yourself, feel accepted and safe, and find the support and encouragement you need to rebuild a meaningful life. CHOICES offers daily programming that focuses on wellness and empowerment. Other services include a daily lunch, desktop computers, free wireless internet, transportation (requires 24 hours advance notice), community resources, and friendly staff. Adults only.

Christamore Family Treatment Center  www.younghouse.org
905 S. Iris St, Mt. Pleasant .................................................................319-385-2906
Provides services to adolescents experiencing behavioral and emotional problems and their families. Emergency shelter, residential treatment, and school-only programs available for youth up to age 17.

Clerk of Court  www.henrycountyiowa.us/offices/clerkofcourt
100 E. Washington St., Ste 300, Mt. Pleasant .................................................................319-385-2632
Takes applications for court ordered hospitalization for mental health or substance abuse.

Domestic Violence Intervention Program (DVIP)  www.dvipiowa.org
101 S. Cherry St., Ste 2, Mt. Pleasant .................................................................319-850-8518
24-hour hotline .................................................................800-373-1043
Provides comprehensive support and advocacy services to victim/survivors, focusing on immediate and long-term safety, empowerment, dignity, and hope. In collaboration with the community, we strive to end domestic abuse through education, accountability, and social justice.

Elements Family Therapy & Play Therapy Center
124 N. Main St., Mt. Pleasant .................................................................319-385-1665

Families First Counseling Services of Iowa  www.families-first.net
214 N. 4th St., Ste 1A, Burlington .................................................................888-316-3025
Services including but not limited to: Behavioral Health Intervention Services (BHIS), assessments, in-office therapy and private pay. Serves Henry County.

Henry County Coordinator for Disability Services  www.henrycountyiowa.us/offices/cpc
106 N. Jackson St., Ste 102, Mt. Pleasant .................................................................319-385-4050
Hrs: Monday - Friday 8am-5pm
Provides funding assistance and referrals for mental health, intellectual disability, and developmental disability related services.

Hillcrest Family Services  www.hillcrest-fs.org
106 N. Jackson St., Mt. Pleasant .................................................................319-385-7177
Hrs: Monday - Friday 8am-5pm
Offers individual, group, marital and family counseling, psychosocial evaluations, emergency services, medication management, integrated health home services, bilingual therapy, and community outreach and mental health education. Crisis appointments available daily.

Insight Partnership Group LLC
2205 E. Washington St., Mt. Pleasant .................................................................319-385-2046
Provides home-based habilitation services for persons with mental illness or intellectual disabilities, community integration programs, and payee services for persons with disabilities.

Life Connections Peer Recovery Services  www.lifeconnectionrecovery.org
DeWitt, but serves Henry County .................................................................563-695-1171
Supports individuals who are experiencing mental health and substance addiction issues and who want to work on their recovery goals and situations before getting into a crisis situation. Services include peer-run wellness center and respite center. Serves all individuals regardless of ability to pay.

Optimae LifeServices  www.optimaelifeservices.com
605 E. Winfield Ave., Mt. Pleasant .................................................................319-385-8051
Individual, family, and group outpatient counseling for children and adults. Psychiatric evaluations and medication management. Services to support independent living and community involvement for people with a disability.

Rape Victim Advocacy Program (RVAP)  www.rvap.org
101 S. Cherry St., Ste 2, Mt. Pleasant .................................................................319-541-9809
Hrs: Monday - Friday 9am-5pm
24-hour crisis hotline .................................................................800-228-1625
RVAP provides free, confidential support, advocacy, and information.
**Young House Family Services**  www.younghouse.org
400 S. Broadway St., Burlington .................................................. 319-752-4000

**Community Counseling**: Outpatient therapy services for children, adults, and families provided at the YHFS central office. Title 19 and most private insurances accepted.

**EPIC (Early Parenting Interventions and Coaching)**: Program for parents of preschool aged children.

**Family Based Services**: In-home and community based programs, including counseling and skill development, adoption services, substance abuse treatment services, Brief Intensive Services, and Behavioral Health Intervention Services (BHIS). Services provided throughout Southeast Iowa and some services available at no cost to families.

**Pediatric Integrated Health Program (PIHP)** serves children and families living in Southeast Iowa. Children with Medicaid and a mental health diagnosis are eligible for PIHP services. The program is FREE and includes care coordination to ensure all of your child’s physical and mental health needs are being met. Your family will work with a nurse, care coordinator, and family support specialist to help your child succeed in school, at home, and in the community.

**Respectful Individuals who are Strong & Empowered: R.I.S.E** offers school-based therapy in select school districts.

**Trauma Informed Trainings**: Available to professional staff, educators, and foster/adoptive families.

For additional resources and information visit  www.mentalhealth.gov

**DENTAL CARE**

**Children’s Dental Center of Southeast Iowa**
1804 E. Washington St., Mt. Pleasant ........................................... 319-752-1444

**Community Health Centers of Southeast Iowa, Inc (CHC/SEIA)**  www.chcseiwa.com
1706 W. Agency Rd., West Burlington ........................................... 319-752-5540
2409 Spring St., Columbus City .................................................. 319-728-7400
1618 Main St., Keokuk ................................................................. 319-524-5734

Provides dental care for all ages. Most insurances accepted, including Medicaid, and patients without insurance welcome. Sliding fee discount scale available based on household size and household income. Accepting new patients. Translation services available.

**Dental Specialists of Iowa**
1804 E. Washington St., Mt. Pleasant ........................................... 319-385-5260

**Family Dental Health Services**
Henry County Health Center, Suite 28
407 S. White St., Mt. Pleasant ...................................................... 319-385-6750

**Iris Dental**
217 E. Monroe St., Mt. Pleasant .................................................. 319-385-4680

**Mt. Pleasant Dental Associates**
304 N. Jefferson St., Mt. Pleasant ................................................ 319-385-8912

**New London Dental Care**
107 Toothache Dr., New London .................................................. 319-367-2311

**Oral Surgery Associates of Iowa City**
1804 E. Washington St., Mt. Pleasant ........................................... 319-385-5266

**Dr. Robert Pusey/Dr. Amanda Gilles**
209 W. 2nd St., Wayland .............................................................. 319-256-4065

**DISABILITY SERVICES**

**Access 2 Independence**  access2independence.org
Iowa City, serving Henry County .................................................. 319-338-3870
Disability resource center to empower people with disabilities to live independently and fully integrated in their community through education, advocacy, and peer support. Also provides independent living skills training and transition services to assist in returning to community living. All services are free of charge.

**Child Health Specialty Clinics (CHSC)**  www.chsciowa.org
123 E. 3rd St., Suite 2, Ottumwa .................................................. 641-682-8145
See Health Care section for description of services.

**CHOICES Drop-In Center**  www.firstresources.us
211 W. Monroe St., Mt. Pleasant .................................................. 319-201-1064
Hrs: Monday-Friday 9am-4:30pm; Saturday 1-3:30pm. Hours subject to change.
CHOICES is a consumer run drop-in center that provides a critically important social support for persons with psychiatric needs. CHOICES is run by peers and is a place where you can relax, be yourself, feel accepted and safe, and find the support and encouragement you need to rebuild a meaningful life. CHOICES offers daily programing that focuses on wellness and empowerment. Other services include a daily lunch, desktop computers, free wireless internet, transportation (requires 24 hours advance notice), community resources, and friendly staff. Adults only.

**Henry County Coordinator for Disability Services**  www.henrycountyiowa.us/offices/cpc
106 N. Jackson St., Ste 102, Mt. Pleasant ...................................... 319-385-4050
Hrs: Monday - Friday 8am-4pm
Funding assistance and referrals for mental health, intellectual disability, and developmental disability related services.

**Hope Haven Area Development Corporation**  www.hopehavencorp.com
828 N. 7th St., Burlington .............................................................. 319-754-4689
Programs for persons with disabilities: evaluation, personal, social & community services, work adjustment, supported employment, job placement, residential services, respite care, community supervised apartment living, and supported community living.

**Flexible Services**
502 N. Lincoln St., Mt. Pleasant .................................................. 319-385-9980
Hrs: Monday - Friday 9am-3pm
Day Program serving individuals with varying disabilities. Trained professional staff assists individuals with independent life skills, increasing community involvement, and opportunities to establish new friendships through group socialization.
Insight Partnership Group LLC
2205 E. Washington St., Mt. Pleasant.................................................................319-385-2046
Provides home-based habilitation services for persons with mental illness or
intellectual disabilities, community integration programs, and payee services for
persons with disabilities.

Iowa Vocational Rehabilitation Services  www.ivrs.iowa.gov
1000 N. Roosevelt Ave, Ste 7, Burlington...........................................................319-753-2231
Provides individualized services to eligible individuals with disabilities. See full listing
in the Employment/Job Training section.

Milestones Area Agency on Aging (AAA)  www.milestonesaaa.org
509 Jefferson St., Burlington .................................................................319-752-5433 or 855-410-6222
Also serves adults age 18-59 with a disability, connecting them to resources in the
community.

REM Iowa  www.remiowa.com
207 S. Harrison St., Ste 3, Mt. Pleasant ...............................................................319-385-2343
Supported home and community-based services for persons with physical and mental
disabilities.

Van Buren Job Opportunities (supported employment)
308 Mulberry, Keosauqua.................................................................319-293-6276
Serves Henry County. Helps with job placement and job coaching for persons with
disabilities.

EDUCATION

Great Prairie Area Education Agency (AEA)  www.gpaea.org/
2814 N. Court St., Ottumwa ...........................................................................800-382-8970
3601 West Ave., Burlington ...........................................................................319-753-6561
Hrs: Monday – Thursday 8am-4:30pm; Friday 8am-4pm

Child Find: A process used by the Special Education staff in cooperation with local
school districts to locate, identify, and serve eligible children before they enter school.

Early ACCESS: Iowa’s early intervention system for children birth to 3 with delays in
development or health/physical conditions that affect development.

Iowa Family & Educator Partnership: Coordinates partnerships between families,
educators, and community providers to promote the success of all children with
special needs.

Special Education: Free services to children with special needs and all children with
disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing,
services to the mentally disabled, severe/profound and physically handicapped
children located in selected school centers, speech-language services, and special
education consulting.

Iowa Safe Schools  www.iowasafeschools.org .......................................................515-381-0588
24/7 crisis assistance .......................................................................................800-770-1650
Provides safe, supportive, and nurturing learning environments and communities for
LGBTQ and allied youth through education, outreach, advocacy, and victim services.

Preschool - Grade 12
Grow 'N Glow Preschool
304 E. Main St, New London ...........................................................................319-367-5303

Head Start  www.iowaheadstart.com
1303 W. Washington St., Mt. Pleasant ............................................................319-385-2310
Income guidelines apply. Preschool scholarships available.

Mt. Pleasant Christian School K-12  www.mtpleasantchristian.com
1505 E. Washington St., Mt. Pleasant ............................................................319-385-8613

Mt. Pleasant Community Schools  www.mtpcsd.org
1010 E. Washington St., Mt. Pleasant ............................................................319-385-7750

Little Panthers Preschool - Mt. Pleasant
Van Allen Elementary - 801 E. Henry St. ............................................................319-385-7771

Little Panthers Preschool - Salem
Salem Elementary - 412 E. Jackson St., Salem .................................................319-258-7799

Harlan Elementary 1001 N. Main St. ...............................................................319-385-7762

Lincoln Elementary 501 S. Corkhill St. .........................................................319-385-7765

Salem Elementary 412 E. Jackson St., Salem ..................................................319-258-7799

Van Allen Elementary 801 E. Henry St. .............................................................319-385-7771

Middle School 400 N. Adams St. .................................................................319-385-7730

High School 2104 S. Grand Ave. .................................................................319-385-7709

WisdomQuest Alternative High 400 E. Madison St. ..........................................319-385-7709

New London Community Schools  www.nlcsd.org/
106 W. Wilson St., New London .................................................................319-367-0512

Clark Preschool-Elementary 401 S. Walnut St. .................................................319-367-0507

Junior-Senior High 101 W. Wilson St. .............................................................319-367-0500

Son Shine Academy Preschool .................................................................319-385-7336
Faith Lutheran Church - 910 E. Maple Leaf Dr., Mt. Pleasant

WACO Community Schools  www.wacocsd.org/
706 N. Pearl St., Wayland .............................................................................319-256-6201

Preschool-Elementary 200 S. Main, Crawfordsville ........................................319-658-2931

Junior-Senior High 706 N. Pearl St., Wayland .................................................319-256-6200

Winfield-Mt. Union Community Schools  www.wmucsd.org/
Preschool-Senior High 208 S. Olive St., Winfield ...........................................319-257-7700

Post-Secondary & Adult

Iowa Wesleyan University  www.iw.edu
601 N. Main St., Mt. Pleasant ........................................................................319-385-8021 or 800-582-2383

ISU Extension and Outreach - Henry County  www.extension.iastate.edu/henry
127 N. Main St., Mt. Pleasant ........................................................................319-385-8126
Hrs: Monday – Thursday 9am-4:30pm; Friday 9am-12pm
Information and educational programs on aging, childcare, child development,
consumer decisions, financial management, family relationships, leadership, nutrition,
parent education, and youth.
Southeastern Community College  www.scciowa.edu
200 N. Main St., Mt. Pleasant ................................................................. 319-385-8012 or 319-208-5254
Offers a variety of associate degree programs, continuing education opportunities, and online learning.

General Adult Assistance
Help with reading, writing, math, and thinking abilities in order to enter a college or vocational training program or to upgrade employment skills. Assistance in preparing for high school equivalency diploma testing. Call for class times.

E.S.L. (English as a Second Language)
Classes are available to help non-English speaking adults learn English. Emphasis is on speaking, listening, reading, and writing. Classes are free; books may be purchased at a low cost.

**EMPLOYMENT/JOB TRAINING**

Advance Services (Staffing)  www.advanceservices.com
106 N. Jefferson St., Mt. Pleasant ................................................................. 319-201-1236

America’s SBDC Iowa  www.iowasbdc.org/
Serves Henry County .......................................................................................... 319-208-5381
Offers free and confidential 1-on-1 consulting for business owners to start, expand, or close their business. Call to make an appointment.

Center for Cultural Initiatives (CCI)
Sal Alaniz (sal@printgroupusa.com) ................................................................. 319-750-3898
Provides support of minority and diversity business initiatives, support and resources for New Iowans, and support with poverty initiatives, education, health care, diversity, and other quality of life issues and events.

Hope Haven Area Development Center  www.hopelavencorp.com
Burlington ................................................................................................. 319-754-4689

Employment Services Program assists individuals with disabilities in obtaining and maintaining community employment. Hope Haven assists with job development/job matching, on-the-job training, on or off-site follow-along support, job readiness skills, career awareness, job shadowing/observation, transportation training, and job site analysis. Services offered in your own community.

Iowa Vocational Rehabilitation Services  www.ivrs.iowa.gov
1000 N. Roosevelt Ave, Ste 7, Burlington ......................................................... 319-753-2231
Provides individualized services to eligible individuals with disabilities, which may include: diagnostic and/or evaluation services needed to assess employability and vocational rehabilitation potential, physical and mental restoration services, vocational training, guidance and vocational counseling, career exploration, job placement & retention counseling, adaptive devices, business consultation for disability related services, and other appropriate services & programs for individuals with disabilities.

IowaWORKS  www.iowaworks.gov
1000 N. Roosevelt Ave, Burlington ................................................................. 319-753-1671 or 800-642-4032
Hrs: Mon, Tues, Thurs, Fri 8:30am-4:30pm; Wed 9am-4:30pm

Offers daily no cost job readiness workshops, must pre-register. Processes unemployment insurance claims, provides job placement services to unemployed and underemployed individuals. Helps employers locate qualified individuals for openings, provides labor market information on request. Computers available to complete resumes, access job and career information, provide veterans of the military services employment / career information, and provide proficiency testing in areas such as typing and keyboarding.

Mt. Pleasant SCC - 200 N. Main St., Mt. Pleasant ......................................................... 319-385-8012
Call for appointment.

Promise Jobs: Pre-employment and on the job training, institutional skill training, secondary education certification, and remedial & basic skills training. Financial assistance for low-income persons with tuition, childcare, and transportation. This program is available for individuals on the Family Investment Program (FIP). Application approval and referral from DHS required.

WIOA Adult and Dislocated Worker Program: Staff assisted resume writing, mock interviews, job searching and placement. Individualized assistance to help job seekers become work ready. Financial assistance available. Must meet eligibility guidelines.

WIOA NextStep: Works with youth ages 16-24. Goals include helping youth find and keep a job that will lead to self-sufficiency. Works with out-of-school or in-school youth, enforcing the tie between academic learning and employment.

Proteus  www.proteusinc.net
Serves Henry County .......................................................................................... 800-372-6031
Proteus serves migrant and seasonal farmworkers with training, health care and other assistance to make their dream of a brighter tomorrow a reality.

Team Staffing Solutions  www.teamssi.com
114 E. Monroe St., Ste 108, Mt. Pleasant ......................................................... 319-385-8844

Temp Associates  www.tempassociates.com
111 W. Monroe St., Ste. 202, Mt. Pleasant ......................................................... 319-385-1724

**FOOD, CLOTHING, & FINANCIAL**

Community Action of Southeast Iowa  www.caofsei.org
Tolson Center: 1303 W. Washington St., Mt. Pleasant ......................................... 319-385-2310

FaDSS Family Development Self-Sufficiency Program: This program assists families who are participating in the Family Investment Program (FIP). A Family Development Specialist works with participants to help them overcome obstacles while working toward self-sufficiency.

Food and Financial: Available for emergency food. Assistance with emergency rent and limited medication assistance is also available.

Low Income Home Energy Assistance (LIHEAP): Funding is available to assist eligible households for help in paying their utility bills.

Weatherization: Helps homeowners and renters decrease their energy costs by inspecting and cleaning furnaces and insulating their homes, which improves their energy usage and reduces air infiltration.
Women, Infant and Children (WIC) Supplemental Nutrition Program: The WIC program provides medical and nutritional assessments, education, and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants, and children up to 5 years. Clinics are held the last week of the month at the Mt. Pleasant Presbyterian church. Call 877-854-5640 to schedule an appointment.

Congregate Meal Sites (Senior Dining) or Home Delivered Meals
www.milestonesaaa.org/meal-sites ................................................................. 855-410-6222

Mt. Pleasant – Senior Deli Dining at Hy-Vee, 1700 E. Washington St.
Hrs: Monday - Friday 11am-1pm. Reservations needed.
Call 1-855-410-6222 ext 7504 to make a reservation or to ask questions.
To cancel a senior deli dining meal – call 319-385-2266 (Hy-Vee)

Salem - Community Building, 201 S. Main St. ................................................. 319-258-4111
Hrs: Monday - Friday 10am-1pm; Lunch at 12pm

Winfield - Veterans Building, 116 N. Locust St. .................................................. 319-257-6921
Hrs: Monday - Friday 9:30am-12:30pm; Lunch at 11:30am

DHS - Iowa Department of Human Services  dhs.iowa.gov
205 W. Madison St., Mt. Pleasant ................................................................. 319-986-5157
Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid), and child care assistance.

Fellowship Cup  www.thefellowshipcup.org
203 N. Jefferson St., Mt. Pleasant ................................................................. 319-385-3242
Hrs: Monday - Friday 8am-4:30pm. Food pantry that serves individuals/families who are residents of Henry County and holiday meals for the needy.

Community Meal: Wednesdays at 11:30am. Open to everyone.
FISH Program: Food support or one night lodging, gas or bus ticket for transients or travelers in emergency situation. (Must be transient, not a resident of Henry County).
Friendship House: Shelter for family visiting prisoners at the Medium Security Unit.
Quarry Maybe More Store
112 N. Jefferson St., Mt. Pleasant ................................................................. 319-385-3262
Hrs: Monday - Friday 9am-5pm; Saturday 9am-12pm
Sells second hand household goods, furniture, and clothing to support The Fellowship Cup ministry programs. Open to everyone.

Henry County General Assistance  www.henrycountyiowa.us/offices/genassistance
106 N. Jackson St., Ste 102, Mt. Pleasant ..................................................... 319-385-0790
Hrs: Monday – Friday 8am-4pm
Provides residents of Henry County with temporary financial assistance for basic needs such as rent, utility, burial, or limited medical assistance.

Iowa WINs (Iowa Welcomes Immigrant Neighbors)  www.iowawins.net
902 S. Walnut St., Mt. Pleasant (iowawins1@gmail.com) .............................. 319-986-5851
Iowa WINs, a community commission of First Presbyterian Church, works to make the greater Mt. Pleasant community an inclusive and hospitable community that welcomes people from across the world looking for a new home. Food pantry, legal, and other assistance available to immigrants in need.

Mt. Pleasant Community Garden (ran through The Fellowship Cup)
211 S. Jackson St., Mt. Pleasant ................................................................. 319-385-3242

New London School Food Pantry
106 W. Wilson Street, New London .............................................................. 319-367-0512
Hrs: Thursdays 3:30-6pm; Saturdays 9-11am; or by appointment
Open to all families with a child enrolled in New London Daycare or New London School District.

WACO Food Pantry (at United Church of Crawfordsville)
105 N. Chestnut St., Crawfordsville ............................................................ 319-461-0532
Call Jenny @
Winfield Food Pantry (at Winfield Methodist Church)
204 E. Pine St., Winfield ............................................................................... 319-257-6741

Search for additional resources in all categories online by zip code at
HealthyHenryCounty.AuntBertha.com or www.AuntBertha.com

GET INVOLVED

Fellowship Cup  www.thefellowshipcup.org
203 N. Jefferson St., Mt. Pleasant ................................................................. 319-385-3242
Hrs: Monday - Friday 8am-4:30pm
Numerous volunteer opportunities at the food pantry and Quarter Maybe More store.

Healthy Henry County Communities (HHCC)
www.HealthyHenryCounty.org  www.facebook.com/HealthyHenryCounty
106 N. Jackson St., Ste 103, Mt. Pleasant ..................................................... 319-385-0779
A community partnership with Henry County Public Health which unites individuals, organizations, programs, and agencies to create a better quality of life for all Henry County residents. Current activities focus on the areas of Eat Well, Move More, and Feel Better. We are always looking for interested community members who would like to become involved in making Henry County a better place to live, work, and raise a family! The coalition meets the 1st Tuesday of each month at 1pm.

Subcommittees include:

Henry County Child Advocacy Council
www.HealthyHenryCounty.org/child-abuse-prevention/
www.facebook.com/quadcountycppc/
A partnership of caring citizens, community leaders, local organizations and agencies that come together with a common goal of keeping our children safe and families strong. This child abuse prevention council meets the 3rd Thursday at 12pm and includes an interagency meeting. Call 319-385-8126 to learn more.

Henry County Substance Abuse Coalition (HCSAC)
www.HealthyHenryCounty.org/substance-abuse-prevention/
www.facebook.com/henrycountysubstanceabusecoalition/
HCSAC focuses on helping parents, family members, and other care-givers understand the harmful effects of substance use and abuse on youth, and what they can do to prevent it. HCSAC holds community and youth forums, sponsors
Youth activities, facilitates support groups, engages in policy advocacy, and offers community resource developments. They meet the 3rd Thursday at 11 am. Call 319-385-8126 to learn more.

**Mount Pleasant Area Chamber Alliance**  [business.mountpleasantiowa.org/list](http://business.mountpleasantiowa.org/list)
124 S. Main St., Mt. Pleasant  319-385-3101
Find a list of community organizations and civic groups. Volunteers also needed for Chamber and Main Street events and committees.

**RSVP Retired Senior Volunteer Program**  [www.thefellowshipcup.org/rsvp](http://www.thefellowshipcup.org/rsvp)
203 N. Jefferson St., Mt. Pleasant  319-385-3242
Matches interests of people over 55 with rewarding, flexible volunteer opportunities for community service through local non-profit and public agencies.

**HEALTH CARE**

**Advanced Home Health Care**  [advanced-homehealthcare.com](http://advanced-homehealthcare.com)
Burlington office, serving Henry County  319-753-6270
Provides home health aides and LPNs for shift work in clients’ homes, offers respite care to help give family caregivers a much-needed break, and more. Professional nurses, therapists, and caregivers provide patients with a variety of in-home care services.

**CARE at Home Iowa**  [www.careathomeiowa.us](http://www.careathomeiowa.us)
101 S. Cherry St., Ste 1, Mt. Pleasant  319-330-1755
We strive to make a positive difference in the lives of our patients by providing safe, compassionate, caring, high-quality care with dedicated and highly skilled staff in the comfort of your own home.

**Child Health Specialty Clinics**  [www.chsciowa.org](http://www.chsciowa.org)
123 E. 3rd St., Ste 2, Ottumwa  641-682-8145
Hrs: Mon – Thurs 7am-5:30pm; Satellite clinic in Mt. Pleasant every 1-2 months
Iowa’s Title V program for children with special health care needs. Services are provided to children and youth, birth through 21, who have a chronic condition (physical, developmental, behavioral, or emotional) or who have an increased risk for a chronic condition and a need for special services. Local services in Mt. Pleasant include: family navigator services, autism services, and care coordination. Call for details.

**Community Health Centers of Southeastern Iowa, Inc.**  [www.chcsei.com](http://www.chcsei.com)
1706 W. Agency Rd., West Burlington  319-768-5858
2409 Spring St., Columbus City  319-728-7400
400 N. 17th St., Keokuk  319-524-5734
951 Broadway St., Hamilton, IL  217-847-2112
Provides a full range of primary medical care and behavioral health care services for all ages. Most insurances accepted and patients without insurance welcome. Sliding fee discount scale available based on household size and household income. Translation services available.

**EveryStep Hospice**  [www.everystep.org](http://www.everystep.org)
118 N. Main St., Mt. Pleasant  319-385-4472
Provides care for the terminally ill, including nursing, hospice aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling.

**Family Medicine of Mt. Pleasant**  [portal.fmmtcp.com](http://portal.fmmtcp.com)
501 S. White St., Mt. Pleasant  319-385-6700
Mon-Fri 7:30-8:30am (acute care walk-in; established patients only), 8:30am-12pm, 1:30pm - 5pm (appt.); Sat 9-11:30am (acute care walk-in; established patients only).

**Family Planning of Southeast Iowa**  [www.greatriverhealthsystem.org/family-planning](http://www.greatriverhealthsystem.org/family-planning)
801 S. Roosevelt Ave., Ste C, Burlington  319-768-1225
Comprehensive, confidential care including testing, treatment, and health education. Clinic fees are based on income and no one is denied services based on their ability to pay.

**Great River Home Health and Hospice Care**  [www.greatriverhealth.org](http://www.greatriverhealth.org)
1306 S. Washington Rd., West Burlington  319-768-3350
**Home Health Care**: Skilled nursing, home health aide, physical therapy, occupational therapy, speech therapy, and social workers available.

**Hospice**: Assistance in going through the end-of-life process, bereavement, chaplain, and social work assistance available.

**Henry County Health Center**  [www.hchc.org](http://www.hchc.org)
[www.facebook.com/HenryCountyHealthCenter/](http://www.facebook.com/HenryCountyHealthCenter/)
407 S. White St., Mt. Pleasant  319-385-3141
**Henry County Health Center offers the following services:**
- Anesthesia and Pain Management
- Laboratory
- Cardiac & Cardiopulmonary Rehabilitation
- Lifeline Medical Response System
- Cardiopulmonary Diagnostics
- Nutrition Education
- Diabetes Education Center
- Park Place Elder Living
- Dialysis
- Physicians & Clinics of HCHC
- Emergency Department
- Rehabilitation Services
- Emergency Medical Services/Ambulance
- Sleep Lab
- Imaging Services/Radiology
- Specialty/Outpatient Clinic
- Infusion Therapy/Chemotherapy
- Surgery Department
- Inpatient Services Department
- Women’s Health

**Medical specialties offered at Henry County Health Center include:**
- Audiology
- Obstetrics/Gynecology
- Cardiology
- Oncology
- Dermatology
- Ophthalmology
- Ears, Nose, Throat
- Orthopaedics
- Emergency Medicine
- Podiatry
- Endocrinology
- Pulmonology
- Family Practice
- Radiology
- General Surgery
- Urology
- Neurology
Physicians & Clinics of HCHC:

**Mt. Pleasant Clinic**
407 S. White St., Mt. Pleasant .................................................................319-385-6770
Hrs: Monday - Friday 9am-12pm, 1-5pm

**New London Clinic**
111 W. Washington St., New London ....................................................319-367-2241
Hrs: Monday - Friday 8am-12pm, 1-5pm

**Wayland Clinic**
227 W. Main St., Wayland .................................................................319-256-7100
Hrs: Monday - Thursday 8:30am-12pm, 1-5pm; Wednesday 8:30-11:30am

**Winfield Clinic**
110 W. Pine St., Winfield .................................................................319-257-6211
Hrs: Tuesday/Friday 8:30am-12pm, 1-5pm; Wednesday 1-4pm

**Henry County Public Health** [www.henrycountyiowa.us/offices/publichealth]
106 N. Jackson St., Ste 103, Mt. Pleasant ...............................................319-385-0779
Hrs: Monday - Friday 8am-4:30pm

**Adult Health Maintenance Program**: Home visits by a registered nurse to persons not eligible through a Medicare certified agency. Services include medication set-up, health assessments, blood draws for lab tests, and other health interventions.

**Breast and Cervical Cancer Early Detection Program**: Provides assistance for mammograms and well woman appointments for eligible women.

**CARE LINKS Care Coordination**: Personalized assistance with finding and connecting to community resources and services such as food, healthcare, educational or vocational services, and housing to help you better manage your overall health.

**Homemaker Program**: Specially trained staff perform personal care & homemaking in the home under the direction of an RN. Services may include bathing and other personal cares, light housekeeping, laundry, errands, food shopping, and food preparation.

**Immunization Clinic**: For children and adults. Tuesdays 9-11am; Wednesdays & Thursdays 1-4pm; 1st & 3rd Thursday of the month 1-6pm. Interpretation available.

**Lead Program**: Lead testing is available at WIC clinics in Mt. Pleasant or by appointment. Call for more details.

**Maternal and Child Health Program**: Provides wellness and dental screening, nutrition education, and education for young pregnant mothers by a registered nurse on birth of the baby, growth, and development.

**Newborn Home Visitor Program**: Provides a registered nurse to visit new moms and babies for education and early interventions/referrals.

**Mobile Nursing** [mobilenursingservices.com]
Serves Henry County .................................................................800-798-7793
Offers a full range of nursing services in the privacy and comfort of your home for patients with varied needs and health problems.

**Moeller Family Practice**
107 E. Madison St., Mt. Pleasant ........................................................319-385-4915
Hrs: Monday - Thursday 9am-5pm; Wednesday 9am-12pm

**Needle/Sharps Disposal through Mike Prottman Sanitation** ............319-986-6355
900 W. Washington St., Mt. Pleasant (area behind Emergency Management Center)
Hrs: Fridays 8am-3pm; Saturdays 8am-12pm
Container pickup and exchange for individuals, no cost to Henry County residents. Available to rural residents during trash service at the county sites. Call for location.

**Optimae LifeServices** [www.optimaelifeservices.com/our-services/home-health]
Serves Henry County .................................................................641-472-4464
Home Health Services: Offers skilled nursing and home health aides, as well as physical, occupational, and speech therapy.

**Planned Parenthood of the Heartland** [www.plannedparenthood.org/planned-parenthood-heartland]
850 Orchard St., Iowa City .................................................................877-811-7526
Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

**Prescription Drug Drop-Off Sites**
*Henry County Sheriff* 800 S. Grand Ave., Mt. Pleasant
*Mt. Pleasant Police Station* 204 E. Washington St., Mt. Pleasant
Drop off unused/expired prescription or over the counter medications (needles will not be accepted, see Needle/Sharps Disposal listing in this section)

**Proteus** [www.proteusinc.net]
Serves Henry County .................................................................800-372-6031
Proteus serves migrant and seasonal farmworkers with training, health care, and other assistance to make their dream of a brighter tomorrow a reality.

**Southeastern Renal Dialysis LC**
507 S. White St., Mt. Pleasant ........................................................319-385-6720

**Sunnybrook Home Care** [sunnybrookhomecare.com/]
Serves Henry County .................................................................641-472-4808 or 866-538-5238
Provides home care services for all ages and those recovering from surgery, illness, accident, or living with disabilities.

**HOUSING**

**Henry Co. Habitat for Humanity** [henrycountyiowahabitat.org] ........319-931-0656

**Homeless Shelters**

**Burlington Area Homeless Shelter**
123 N. Marshall St., Burlington .........................................................319-754-6791
Call ahead to check availability. Substance use prohibited.

**Washington Outreach Center**
604 S. Iowa Ave., Washington .........................................................319-653-5871

**Regional Utility Service Systems (RUSS)** [www.henrycountyiowa.us/offices/environhealth]
1501 W. Washington St., Ste 103, Mt. Pleasant ..................319-385-1223
Provides environmental health services for Henry County residents including water
testing, well permitting and inspections, septic system permitting and inspections, and well rehab and closure reimbursement.

**Southeast Iowa Regional Housing Authority**  [www.seirha.com](http://www.seirha.com)

218 N. 3rd St., Ste 311, Burlington............................................................................ 319-753-5109

Hrs: Monday - Friday  8am-4pm

Rental assistance: Applicants must meet eligibility requirements for income guidelines and family status. Single persons are eligible only if elderly or disabled.

**The Refuge House** 319-201-8187

A Christ-centered (sober living) transitional house for men. Helping men work towards wholeness and self-reliance, $100 fee first month. Must pass UA. 1 year program.

**USDA Rural Development** [www.usda.gov/topics/rural/housing-assistance](http://www.usda.gov/topics/rural/housing-assistance)

709 S. Iris St., Ste 103, Mt. Pleasant........................................................................ 319-986-5800

Provides rental assistance, loans, and grants for home purchase and home repairs.

**Apartments**

**Brazelton Lofts** [www.hobarthistoricrestoration.com](http://www.hobarthistoricrestoration.com)  Smoke-Free!

100 N. Main St., Mt. Pleasant.................................................................................. 319-826-6532

**Brucemore Apartments**

309 W. Broad St., Mt. Pleasant................................................................................ 319-385-8346

**Chesapeake Apartments (low-income)**

800 N. Palm Ave., Mt. Pleasant............................................................................... 319-385-8076

**Colonial Apartments**

115 E. Monroe St., Mt. Pleasant............................................................................. 319-385-4246

**Country Charm Building**

110 N. Main St., Mt. Pleasant.................................................................................. 319-385-3522

**Englewood Village Apartments**

101 E. Langdon St., Mt. Pleasant........................................................................... 319-217-6601

**Harlan House**

122 N. Jefferson St., Mt. Pleasant........................................................................... 319-931-4044

**Heather Branch Estates**

700 E. Arbor Lane, Mt. Pleasant............................................................................. 319-986-5397

**Hoaglin Lofts** Smoke-Free!

103-105 S. Jefferson St., Mt. Pleasant................................................................. scott.lowe1@mchsi.com

**Main Street Cinema Lofts** Smoke-Free!

115 N. Main St., Mt. Pleasant................................................................................ scott.lowe1@mchsi.com

**Maple Place Apartments**

405 S. Maple, Winfield........................................................................................... 641-233-7423

**Mapleleaf Apartments (seniors and disabled persons)** Smoke-Free!

704 E. Mapleleaf Dr., Mt. Pleasant........................................................................ 319-385-2937

**Meadowbrook Apartments (low income)**

700 N. Cherry St., Mt. Pleasant............................................................................... 319-931-2386 or 641-919-6385

**Mt. Pleasant Park Apartments (low income)**

1202 N. Palm Ave., Mt. Pleasant........................................................................... 641-919-6385

**Oakwood Village Properties**

915 W. Hill Ave., Mt. Pleasant............................................................................... 319-931-9336

**Plantation Apartments**

306 W. Monroe St., Mt. Pleasant........................................................................... 319-986-5397

**Ramey Retirement Apartments (seniors and disabled persons)**

500 W. Washington St., New London................................................................... 319-470-3029

**RTM Management Group -- Smoke-free**

Multiple locations.................................................................................................. 319-986-6039

**Sievers Rental Properties**

319-931-5336

**South Park Apartments**

709 S. Main St., Mt. Pleasant................................................................................ 319-671-0798

**State Street Apartments**

312 & 314 W. State St., Mt. Pleasant..................................................................... 319-385-4880

**SunnySlope Apartments**

1107 E. Linden Dr., Mt. Pleasant.......................................................................... 319-750-7900

**Swedesburg Apartments**

202 Sunset Dr., Swedesburg.................................................................................. 319-759-4593

**The Folks Apartment (seniors and disabled persons)** Smoke-Free!

308 N. Adams St., Mt. Pleasant............................................................................. 319-385-9610

**The Loft Apartments** Smoke-Free!

120 S. Main St., Mt. Pleasant................................................................................ 319-931-0272

**Way-Mar Apartments (seniors and disabled persons)**

301 W. 3rd St., Wayland...................................................................................... 877-956-4505

**Westview Apartments (seniors and disabled persons)**

606 W. Central Ave., Winfield............................................................................. 319-865-7281

**LEGAL**

**Henry County Attorney**  [www.henrycountyiowa.us/offices/attorney](http://www.henrycountyiowa.us/offices/attorney)

100 E. Washington St., Ste 101, Mt. Pleasant...................................................... 319-385-0752

**Iowa Find-A-Lawyer**  [www.iowafindalawyer.com](http://www.iowafindalawyer.com)

Attorneys listed on the Iowa Find-A-Lawyer website charge $25 or less for the first 30 minutes of consultation.

**Iowa Legal Aid**  [www.iowalegalaid.org](http://www.iowalegalaid.org)

Free legal help with civil law problems for eligible low-income Iowans. 800-532-1275

Iowans age 60 and over, call the Legal Hotline for Older Iowans........... 800-992-8161

**Iowa State Public Defender**

216 South 3rd St., Burlington.............................................................................. 319-753-5163
Juvenile Court Services of Henry County
129 N. Jefferson St., Mt. Pleasant ................................................................. 319-986-5179

State Attorney General   www.iowaatorneygeneral.gov/
Consumer Protection Division ................................................................. 888-777-4590
Crime Victim Assistance Division .............................................................. 800-373-5044

LIBRARIES

H J Nugen Public Library   www.newlondon.lib.ia.us
103 E. Main St., New London................................................................. 319-367-7704
Hrs: Mon 10am-8pm; Tues/Thurs/Fri 10am-6pm; Wed 1-8pm; Sat 9am-1pm

Hillsboro Public Library   www.hillsboro.lib.ia.us
100 W. Commercial St., Hillsboro ............................................................ 319-253-4000
Call for hours

J. Raymond Chadwick Library   www.iw.edu/library/
Iowa Wesleyan University: 107 W. Broad St., Mt. Pleasant ......................... 319-385-6316
Academic year hrs: Mon-Thurs 7:30am-11pm; Fri 7:30am-5pm; Sat 4-8pm; Sun 5-11pm

Mt. Pleasant Public Library   www.mountpleasantlibrary.com
307 E. Monroe St., Suite 101 Mt. Pleasant ................................................ 319-385-1490
Hrs: Mon-Thurs 9am-8pm; Fri 9am-5:30pm; Sat 9am-2pm

Salem Crew Public Library   www.salem.lib.ia.us
107 E. Cherry St., Salem ......................................................................... 319-258-9007
Hrs: Mon/Tues/Thurs 1-5pm; Wed 1-6pm; Sat 9am-12pm

Winfield Public Library   www.winfied.lib.ia.us
112 W. Ash St., Winfield ......................................................................... 319-257-3247
Hrs: Mon/Wed/Fri 10am-6pm; Tues/Thurs 12-6pm; Sat 9am-12pm

PREGNANCY AND PARENTING

Birthright   www.birthright.org
1113 S. Main St., Burlington ................................................................. 319-753-2702
Hrs: Monday - Friday 11:30-4:30; Saturday 12-2pm
24-hour hotline .................................................................................. 800-550-4900
Pregnancy services and testing. Free and confidential. Resources and referrals for pregnant & new moms.

Boot Camp for New Dads   www.bcn.org
facebook.com/BootCampForNewDadsMtPleasant .......(call/text Stephanie) 319-931-0067
Boot Camp for New Dads is a relaxed guys-only environment where “veteran” dads teach “rookie” dads what to expect from fatherhood with guidance from 2 experienced coaches. Boot Camps are held quarterly at Henry County Health Center at no charge.

Cradle of Hope Pregnancy Resource Center   www.cradleofhopeiowa.com
1503 E. Washington (E-3 Center), Mt. Pleasant ...... 319-986-5336 or text 319-931-5759
Offers free pregnancy testing, prenatal classes, parenting, life skills classes, mentoring, counseling (pregnancy, adoption, and post termination), health and nutrition, home skills, abstinence, and STD education. Earn While You Learn program allows women to earn “mommy bucks” which can be redeemed for car seats, cribs, diapers, and clothing. Limited availability of ultrasounds.

Family Connection   www.healthyhneycounty.org/parent-education
www.facebook.com/famconnection
127 N. Main St., Mt. Pleasant ................................................................. 319-385-4090
An individual support and education program for parents of children prenatal to 5 years. Providing parenting skill building, child development information, and age-appropriate activities to promote optimal development during the critical early years of life. Play-groups, educational events, and family fun nights are offered throughout the year. Parents can earn points for purchase of basic baby care items for participating.

1st Five   wasphp.com/Our-Services/1st-Five ........................................... 319-653-7758 ext. 105
A Washington County Public Health healthy mental development program serving Henry County that links families with children age 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

Great Prairie Area Education Agency (AEA)   www.gpaea.org/
2814 N. Court St., Ottumwa ................................................................. 800-382-8970
3601 West Avenue, Burlington ............................................................... 319-753-6561
Hrs: Monday - Thursday 8am-4:30pm; Friday 8am-4pm
Early ACCESS: Iowa’s early intervention system for children birth to 3 yrs. with delays in development or health/physical conditions that affect development.

Special Education: Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in selected school centers, speech-language services, and special education consulting.

Henry County Public Health   www.henrycountyiuas/ffices/publichealth
106 N. Jackson St., Ste. 103, Mt. Pleasant ........................................... 319-385-0779
Hrs: Monday - Friday 8am-4:30pm
Maternal and Child Health Program: Provides referrals, wellness and dental screening, nutrition education, and education for young pregnant mothers by a registered nurse on birth of the baby, growth, and development.

Newborn Home Visitor Program: Provides a registered nurse to visit new moms and babies for education and early interventions/referrals.

Parent Partners
David Selmon, Parent Partner Coordinator ........................................ 319-209-0916
Parent Partners mentor families who are currently navigating through DHS as their children are in foster or kinship care. They offer hope and advocate for families while forming a critical link between the DHS worker, other professionals, and the family.
Alzheimer’s Association [www.alz.org] ...............................................800-272-3900
24-hour helpline. Call for free educational programs, support groups, events, and other services. Many online resources available.

Community & Senior Centers
Fellowship Cup 203 N. Jefferson St., Mt. Pleasant ..................319-385-3242
Community meal Wednesdays at 11:30am with cards following. Cards also on Fridays.
Hillsboro 105 E. Commercial St. (by rental only) .................319-253-4465
New London 103 W. Washington St. (by rental only) ...........319-367-7702
Salem 201 S. Main St. .......................................................319-258-4111
Winfield 116 N. Locust St. ..................................................319-257-6921

Congregate (Senior Dining) or Home Delivered Meals
www.milestonesaa.org/meal-sites ........................................855-410-6222
Mt. Pleasant – Senior Deli Dining at Hy-Vee, 1700 E. Washington St.
Hrs: Monday - Friday 11am-1pm; Reservations needed.
Call 855-410-6222 ext 7504 to make a reservation or inquire about home delivered meals. To cancel a senior deli dining meal – call 319-385-2266. (Hy-Vee)
Salem - Community Building, 201 S. Main St. .....................319-258-4111
Hrs: Monday - Friday 9am-1:30pm; Lunch at noon
Winfield - Veterans Building 116 N. Locust St. ......................319-257-6921
Hrs: Monday - Friday 10am-1pm; Lunch at 11:30am

Dependent Adult Abuse Hotline ...........................................800-362-2178
Henry County Public Health [www.henrycountyiowa.us/offices/publichealth]
106 N. Jackson St., Ste 103, Mt. Pleasant .........................319-385-0779
Hrs: Monday - Friday 8am-4:30pm

Adult Health Maintenance Program: Home visits by a registered nurse to persons not eligible through a Medicare certified agency. Services include medication set-up, health assessments, blood draws for lab tests, and other health interventions.

Homemaker Program: Specially trained staff perform personal care and homemaking in the home under the direction of an RN. Services may include bathing and other personal cares, light housekeeping, laundry, errands, food shopping, and food preparation.

Hy-Vee Home Medical Supplies Sales and Rentals
1700 E. Washington St., Mt. Pleasant ................................319-385-3164
Medical Supply Department Hrs: Monday - Friday 8am-6pm; Saturday 8am-2pm
Covering a wide array of items including C-Pap, oxygen, incontinence, hospital beds, ostomy supplies, catheter, lift chairs, nebulizers, scooters, walkers, braces, reach aids, tends units, diabetic shoes, compression stockings, and crutches. Accepts most insurance as well as Medicare accredited. Also repairs and services many items.

Sunnybrook Assisted Living and Memory Care at Mt Pleasant
1406 E. Linden Dr., Mt. Pleasant ........................................319-385-7227
RN supervised care, full meal service, weekly housekeeping service, emergency call system, and activities program.

MRP (Medical Supply Department)
Hy-Vee Pharmacy
501 S. White St., Mt. Pleasant ........................................319-385-0733
Hy-Vee Clinic Pharmacy (Hrs: Mon - Fri 9am-5pm)
501 S. White St., Mt. Pleasant ........................................319-385-6745
Hy-Vee Pharmacy (Hrs: Mon - Fri 8am-8pm; Sat 9am-5pm; Sun 10am-6pm)
1700 E. Washington St., Mt. Pleasant ...............................319-986-6979

RSVP Retired Senior Volunteer Program [www.thefellowshipcup.org/rsvp]
203 N. Jefferson St., Mt. Pleasant ........................................319-385-3242
Matches interests of people over 55 with rewarding, flexible volunteer opportunities for community service through local non-profit and public agencies.

Senior Health Insurance Information Program (SHIIP) [www.shiip.state.ia.us]
Henry County Health Center ..............................................800-351-4664 or 319-385-6774
Information regarding Medicare benefits and claims, Medicare supplement insurance, long-term care insurance, and other types of health insurance sold to older Iowans. Call for appointment.

Sister’s Home Style Entrees [sistersentrees.com]
Ready to heat meals delivered right to your door........................877-508-6667

Social Security Administration [www.ssa.gov]
3920 Division St., Burlington .............................................800-772-1213
Hrs: Mon/Tues/Thurs/Fri 9am-4pm; Wed 9am-12pm; Sat/Sun/Holidays closed

Senior Housing
Arbor Village South (Independent living)
126 W. Stonebrook Dr., Apt. 153, Mt. Pleasant ..................319-385-9144

LifeLine
Henry County Health Center ...........................................319-385-6164
A personal call button 24 hours a day/365 days a year
Milestones Area Agency on Aging (AAA) [www.milestonesaa.org]
509 Jefferson St., Burlington .................................319-752-5433 or 855-410-6222
Helps older Iowans age 60+, adults living with disabilities, and their caregivers plan for long-term independent living by providing information and making referrals to a wide range of local services and programs. Services include: Options Counseling, Senior Nutrition Program, Adult/Elder Abuse Prevention and Awareness Program, Family Caregiver Program, and Wellness & Safety Programs.

Mom’s Meals [www.momsmeals.com]
Ready to heat meals delivered right to your door........................877-508-6667

Pharmacy Delivery
Capstone Pharmacy (Hrs: Mon - Fri 8:30am-6pm; Sat 9am-2pm)
210 N. Jefferson St., Mt. Pleasant ........................................319-385-0733
Hy-Vee Clinic Pharmacy (Hrs: Mon - Fri 9am-5pm)
501 S. White St., Mt. Pleasant ........................................319-385-6745
Hy-Vee Pharmacy (Hrs: Mon - Fri 8am-8pm; Sat 9am-5pm; Sun 10am-6pm)
1700 E. Washington St., Mt. Pleasant ...............................319-986-6979
Van Vohries Haus
601 W. Monroe St., Mt. Pleasant ................................................................. 319-385-3935
Boarding home for senior citizens.

NURSING HOMES
Arbor Court 701 E. Mapleleaf Dr., Mt. Pleasant ........................................... 319-385-1400
New London Nursing and Rehab Center www.careinitiatives.org/new-london-specialty-care
100 Care Circle, New London ................................................................. 319-367-5753
Park Place Elder Living www.parkplaceelderliving.com
401 S. Van Buren St., Mt. Pleasant ............................................................. 319-385-5408
ParkView Home www.parkviewwayland.com
102 N. Jackson St., Wayland ................................................................. 319-256-2775
Savannah Heights thesavinnaheights.com
601 S. Prairie St., Mt. Pleasant ................................................................. 319-385-8095
Sunrise Terrace Nursing and Rehabilitation Center sunrisseterracecc.com
706 W. Central Ave., Winfield ................................................................. 319-257-3303

SUBSTANCE ABUSE
Alcohol and Drug Dependency Services (ADDs) www.addsiowa.org
122 N. Main St., Mt. Pleasant ................................................................. 319-385-2216
1340 Mt. Pleasant St., Burlington ............................................................ 319-753-6567
Hrs: Monday - Friday 8am-5pm; UA screenings: 8-11:15am, 1-4:15pm
Walk-in evaluations on Tuesday and Friday at 8am, first come first served. Services: Outpatient substance abuse and problem gambling treatment, residential treatment (Burlington facility), education and prevention services, consultation, crisis intervention, substance abuse and problem gambling screenings, OWI screenings and classes, and juvenile diversion program.

Christamore Family Treatment Center www.younghouse.org
905 S. Iris St., Mt. Pleasant ................................................................. 319-385-2906
Adolescent & Adult Substance Abuse Program (ASAP) provides individual and group substance abuse treatment for adolescents and adults.

Iowa Harm Reduction Coalition iowaharmreductioncoalition.org
Eastern Iowa Hotline ................................................................. 319-214-0540
Provides comprehensive health and social services to people who use or inject drugs. Including risk reduction kits, Naloxone kits, HIV/HCV testing, fentanyl test strips, linkage to substance use treatment and social services.

Life Connections Peer Recovery Services www.lifeconnectionsrecovery.org
Serves Henry County ................................................................. 563-695-1171
Supports individuals who are experiencing mental health and substance addiction issues and who want to work on their recovery goals and situations before getting into a crisis situation. Serves all individuals regardless of ability to pay.

Your Life Iowa yourlifeiowa.org
Call 24-hr hotline .................................................................................... 855-581-8111
Text 24-hr hotline ..................................................................................... 855-895-8398
Find support for problems with alcohol, drugs, gambling, mental health, and suicidal thoughts. Chat live, get reliable information and treatment options, and find help near you. A service of Iowa Department of Public Health.

SUPPORT GROUPS
Alcoholics Anonymous  www.aa-iowa.org
24-hour hotline ...................................................................................... 319-338-9111
Mt. Pleasant meetings: Sundays & Tuesdays 7pm; Thursdays 5 & 7pm - St. Michael’s Episcopal Church (202 E. Washington St.)
Salem meetings: Fridays 8pm at Salem Friends Church (210 S. Main St.)
Online intergroup/online meetings at aa-intergroup.org

Alzheimer’s Association  www.alz.org
24-hr helpline .......................................................................................... 800-272-3900
Call for free educational programs, support groups, events, and other services. Many online resources available.

Bereavement
GriefShare .................................................................................................. 319-572-5451
EveryStep Grief Support Group, 118 N. Main St., Mt. Pleasant .................. 319-385-4472

Cardiac/Pulmonary Support Group  www.hchc.org/health-services/cardiac-rehab/
Henry County Health Center ..................................................................... 319-385-6504
Encourages persons with concerns about heart and lung disease in their goals for a healthy lifestyle. The group meets every other month.

Coffee Club  www.hchc.org/health-services/diabetes-education-center/
Henry County Health Center ..................................................................... 319-385-6518
Free social hour at HCHC discussing diabetes and other health topics.

Early Access Coordination (Great Prairie AEA) www.iafamilysupportnetwork.org/early-access-iowa
Support group for families of preschoolers with special needs .................. 800-382-8970

Narcotics Anonymous  iowa-na.org
Iowa Narcotics Anonymous Hotline ......................................................... 800-897-6242
Mon 6:30pm; Wed 6pm at Mt. Pleasant Public Library (307 E. Monroe St.)

PFLAG National  www.pflag.org
Mt. Pleasant Chapter ................................................................................ 319-217-9444
PFLAG National provides confidential peer support, education, and advocacy for LGBTQ+ people, family, and friends.

Special Needs Parents, Friends, Grandparents Support Group
Hosted by First Presbyterian Church, 902 S. Walnut St., Mt. Pleasant .......... 319-217-9444
A time to share, learn, and support each other. Monthly meeting; please call for meeting dates and to RSVP for childcare.
TRANSPORTATION

Access2Care  www.access2care.net
To request a ride please call.................................................................866-572-7662
Provides non-emergency medical transportation services to Iowa Medicaid members.

Burlington Trailways Bus  burlingtontrailways.com
2005 E. Washington St., (Iris St. & E. Highway 34) Mt. Pleasant........319-385-2103

Delivery Services Available:
www.amazon.com - wide variety of household items including some grocery
www.hy-vee.com/grocery - all grocery items delivered in town, store pickup also available
www.walmart.com - non-grocery items, some grocery available for delivery
grocery.walmart.com - in-stock items including grocery available for store pickup
See also Pharmacy Delivery listings in the Health Care section

RSVP Retired Senior Volunteer Program  www.thefellowshipcup.org/rsvp
203 N. Jefferson St., Mt. Pleasant ...................................................319-385-3242
Provides medical transportation for seniors and those with disabilities. Call at least 48 hours in advance.

SEIBUS (public transportation)  www.seirpc.com/seibus/route.html
To schedule a ride please call...........................................................866-753-5107
Available to the general public and is wheelchair accessible. Transportation provided county-wide Monday - Friday 9am-3pm. Call for appointment at least 1 day in advance for best results. Medical shuttle to Iowa City hospitals on Tuesdays, Wednesdays and Thursdays, excluding holidays.

SEIBUS medical transportation rides within Henry County are currently at no charge to riders. This is subject to change based on grant funding so please ask when making an appointment.

VETERAN SERVICES

Henry County Veterans Affairs Office  www.henrycountyiowa.us/offices/veterans
106 N. Jackson St., Mt. Pleasant..............................319-385-0792
Hrs: Tues/Thurs 8am-4pm; Wed 8am-12pm
Provides information and assistance to veterans and their families, i.e. rent, utilities, and burial. A resource for veterans with disabilities.

Home Base Iowa  www.homebaseiowa.gov/resources/communities/henry/
Henry County is designated as a Home Base Iowa community, a one-of-a-kind program assisting veterans and transitioning service members. Visit the website to learn more about the Veteran's welcome package, participating employers, and other resources.

Iowa City VA Health Care System  www.iowacity.va.gov
601 Hwy 6 West, Iowa City ..................................................319-338-0581 or 800-637-0128
Coralville outpatient clinic..........................................................319-358-2406
Ottumwa outpatient clinic............................................................641-683-4300

Iowa City VA Health Care Transportation
Burlington, IA Veteran Van (picks up in Henry County) .................319-752-7171
Need 3 business days advance notice. Call Monday - Friday between 7-11am and 1-3pm.
Quincy, IL Veterans Bus (picks up in Henry County) .................217-228-0695
Need 3 business days advance notice. Rides available on Tuesdays, Wednesdays and Thursdays.

VA Home Front  www.va.gov/homeless
24-hour hotline ...............................................................877-424-3838 (877-4AID-VET)
Provides assistance to veterans who are homeless or at risk of being homeless
Veterans Crisis Line .................................................................800-273-8255, press 1

WELLNESS

Anytime Fitness  www.anytimefitness.com
700 N. Grand Ave., Mt. Pleasant ..................................................319-385-2033
Membership includes a free, no-pressure fitness consultation, global access to more than 3,000 gyms, and always open 24/7 convenience. All in a welcoming club and supportive member community.

Crossfit Teo  teomp.com
2555 Lexington Ave., Mt. Pleasant ..................................................319-217-9368
CrossFit Teo is a community built on faith, integrity, and hard working individuals who are passionate about improving their life through health and wellness. Our purpose at CrossFit Teo is to create a place where individuals can come and enjoy fitness, while feeling comfortable and building a community with our coaches and other members.

Deerwood Golf Club
2870 Deerwood Golf Rd., New London .........................................319-367-5216

Geocaching  www.geocaching.com
A family-friendly outdoor treasure hunting game using GPS-enabled devices. Navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Visit the website or download the free app to learn more and view all of the Henry County geocaches.

Henry County Health Center (programs may require physician referral)  www.hchc.org
Cardiac & Pulmonary Rehab Phase III outpatient exercise program ......319-385-6504
Nutrition Counseling .............................................................319-385-6143
Stay Fit Anytime exercise program in the Rehab Services Department, $25/month .................................................................319-385-6102

Henry County Public Health  www.henrycountyiowa.us/offices/publichealth
106 N. Jackson St., Ste 103, Mt. Pleasant .......................................319-385-0779
Better Choices/Better Health 6-week chronic disease self-management workshops available.
1700 E. Washington St., Mt. Pleasant ................................................................. 319-385-2266
Offers personalized shopping assistance, nutrition counseling, and community presentations.

Iowa Wesleyan University – Howe Activity Center Indoor Walking Track
Available for public use Monday – Friday 5am-10pm unless an IW event is scheduled or campus is closed. Walkers should bring a different pair of walking shoes than they wear in. No strollers. Children must be supervised. IW reserves the right to close the track without notice.

Kaufman Fitness Center, Wayland
Contact WACO Central Office for memberships ................................................. 319-256-6201
Open 4:30am – 11pm daily

Mt. Pleasant Aquatic Center cityofmountpleasantiowa.org/parks-recreation/aquatic-center
Saunders Park, behind Henry County Health Center ........................................ 319-385-1475

Mt. Pleasant Farmers Market
Wright Pavilion at McMillan Park; May – Oct. Wednesdays 4-6pm; Saturdays 8:30-11am

Mt. Pleasant Golf and Country Club
2275 Hickory Ave., Mt. Pleasant ........................................................................ 319-986-6157

Mt. Pleasant Parks & Recreation cityofmountpleasantiowa.org/parks-recreation
307 E. Monroe St., Mt. Pleasant ......................................................................... 319-385-1475
Offers a variety of preschool, youth and adult programs. Contact to rent shelter houses.

Outdoor Tracks (available for public use when not in school use and according to school rules)
Mapleleaf Athletic Complex, Mt. Pleasant
New London School Track
WACO School Track, Wayland
WMU School Track, Winfield

The REC Center  www.mpreccenter.com
200 E. Monroe St., Mt. Pleasant ......................................................................... 319-385-2960
The REC Center is a multi-purpose facility which includes two studio classrooms, gymnasium, two racquetball courts, lap pool, spa, indoor track, weight & cardio equipment and full locker rooms. Numerous programs and classes are available at the REC Center such as Land & Water Fitness Classes, Cycling Classes, Dance & Tumbling, Health Coaching, Basketball, Volleyball and Pickleball Leagues and many more.

Twin Lakes Golf Course 409 N. Clark St., Winfield ............................................. 319-257-6253

Wayland Fitness
508 W. Main, Apt. 111 ...................................................................................... 319-256-7200
Open 24/7; 524 per month for unlimited use.

Winfield Community Pool 407 N. Clark St., Winfield ........................................ 319-257-6661

Winfield Fitness Center 117 S. Locust St., Winfield ........................................... 319-257-6683

PARKS, TRAILS, & RECREATION AREAS

East Lake Park  cityofmountpleasantiowa.org/parks-recreation/parks-trails/
1722 Lexington Ave., Mt. Pleasant ..................................................................... 319-385-1475
120-acre park with a 1.5 mile paved loop trail, 3 field softball complex, 2 shelter houses (for rent), 2 playground areas, 2 sand volleyball courts, 6.5-acre pond, 4 lighted tennis courts, 5 field soccer complex, 9 horseshoe courts, outdoor fitness equipment, driving range, and 18-hole disc golf course.

Geode State Park
www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610124
3333 Racin Ave., Danville ................................................................................. 319-392-4601
A 1,640-acre park located in the southeast corner of Henry County, near Danville. Activities include hiking, biking, picnicking, swimming, boating, fishing, and camping surrounding the 187-acre lake.

Henry County Conservation  www.henrycountyconservation.com/
Call for more information about other recreation areas and activities.......... 319-986-5067

Oakland Mills Park and Nature Center  henrycountyconservation.com/oakland.htm
2593 Nature Center Drive, Mt. Pleasant ............................................................ 319-986-5067
Located 4 ½ miles south of Mt. Pleasant along the Skunk River, this 104-acre area boasts camping, cabins, trails, fishing and guided canoe trips. Home of the Oakland Mills Nature Center and Riverview Disc Golf Course.

Saunders Park  cityofmountpleasantiowa.org/parks-recreation/parks-trails/
......................................................................................................................... 319-385-1475
60-acre park located next to Henry County Health Center. Facilities include the Mt. Pleasant Family Aquatic Center, playground equipment, 2 shelter houses (for rent), 2 gazebos, and a log cabin.

Winfield Activity Park 110 N. Olive St., Winfield .................................................. 319-257-6661
Features a sand volleyball court, horseshoes, a map with walking and biking trails, and a shelter house.

YOUTH OPPORTUNITIES

Boy Scouts of America  www.mississippivalleybsa.org/
3007 Flint Hills Dr., Burlington ......................................................................... 319-754-8413

Cub Scouts (Youth Grades K-5): Activities are centered around earning badges that are specific to each school grade level.

Scouts BSA (Youth 11-17 years old): Service, community engagement and leadership development become increasingly important parts of the program as youth lead their own activities and work their way toward earning Scouting’s highest rank, Eagle Scout.

Venturing and Exploring are programs for young men and young women ages 14 – 20 which aim to assist young people in becoming mature, responsible, caring, and goal oriented individuals.
INFORMATION HELPLINES

AIDS/HIV CDC National Hotline TTY/TDD  www.cdc.gov/hiv ........................................ 800-232-4636
Alzheimer’s Association  www.alz.org ............................................................. 800-272-3900
American Cancer Society  www.cancer.org .................................................. 800-227-2345
American Heart Association  www.heart.org ............................................. 800-242-8721
American Lung Association of Iowa  www.lung.org ................................ 800-586-4872
Better Business Bureau  www.bbb.org/iowa/ .............................................. 800-222-1600
Boys Town Hotline  www.boystown.org ...................................................... 800-448-3000
Bullying & Youth Suicide Hotline  www.yourlifeiowa.org ................................. 855-581-8111
Child & Adult Abuse Hotline, Department of Human Services .......................... 800-362-2178
COMPASS, Iowa (disability services)  www.iowacompass.org ......................... 800-779-2001
Cybertip Hotline (Center for Missing & Exploited Children) ......................... 800-843-5678
Domestic Violence Abuse Hotline  www.thehotline.org ................................. 800-799-7233
Fair Housing & Equal Opportunity Hotline .................................................. 800-424-8590
Family Support Network, Iowa ................................................................. 888-525-4371
Gambling Hotline (BETS OFF)  www.1800betsoff.org .................................. 800-BETS-OFF
Medicaid Member Services (Iowa) ............................................................ 800-338-8366
Medicare Hotline  www.medicare.gov ........................................................ 800-633-4227
My Life, My Quit (youth nicotine cessation)  mylifemyquit.com ...call/text... 855-981-9989
National Hispanic Family Health Help Line ................................................. 866-SU-FAMILIA
National Youth Crisis Hotline ................................................................. 800-442-4673
Poison Control  www.iowapoison.com ......................................................... 800-222-1222
Quitline Iowa (quit smoking)  www.quitlineiowa.org ................................. 800-784-8669
Rape, Abuse, & Incest National Network (RAINN) ......................................... 800-656-4673
Social Security Administration  www.ssa.gov .............................................. 800-772-1213
Suicide Prevention, National Lifeline  www.suicidepreventionlifeline.org .... 800-273-8255
Veterans Foundation Help Line ................................................................. 888-777-4443
Weather & Road Information  www.511ia.org .................................................. 511 or 800-288-1047
Your Life Iowa (Alcohol, Drugs, Suicide) ..........call 855-581-8111 or text 855-895-8398

ISU Extension and Outreach Hotlines
Answer Line  www.extension.iastate.edu/answerline ........................................ 800-262-3804
M-F, 9 am-noon, 1-4 pm Questions relating to home and family.
Beginning Farmer Center  www.extension.iastate.edu/bfc  ....................... 877-232-1999
M-F, 8 am-5 pm, Resources to help the next generation of farmers.
Healthy Families ................................................................. 800-369-2229
Available all hours, all days. Confidential health information and referral.
Hortline  www.yardandgarden.extension.iastate.edu/Hortline.htm ................. 515-294-3108
Lawn, garden and landscape plant questions.
Iowa Concern  www.extension.iastate.edu/iowaconcern/ ........................... 800-447-1985
Available 24/7. Financial questions, legal issues, family transitions.
Teen Line  www.extension.iastate.edu/teenline/ .................................................. 800-443-8336
Available 24/7. Personal and health-related information and referral.

“Issuing together to make Henry County a better place to live, work, and raise a family.”

Learn more about our efforts to improve health and wellness and find other resources including mental health resource guides at www.HealthyHenryCounty.org/Resources or follow us at facebook.com/HealthyHenryCounty.

Printed directories can be found at Henry County Public Health (also in Spanish), DHS, The Fellowship Cup, Chamber Office, Public Libraries, or call 319-385-0779.

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