

# DIRECTORY OF COMMUNITY SERVICES HENRY COUNTY



**Henry County Public Health**  
106 N. Jackson St., Ste 103, Mt. Pleasant, IA 52641

[www.HealthyHenryCounty.org](http://www.HealthyHenryCounty.org)  
[www.facebook.com/HealthyHenryCounty](https://www.facebook.com/HealthyHenryCounty)

**Updated January 2020**

To submit new or corrected information for the next update of this directory please  
e-mail [updates@healthyhenrycounty.org](mailto:updates@healthyhenrycounty.org)

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## EMERGENCY

<b>Police, Ambulance, Fire</b> .....	911
<b>Alert Iowa</b> .....	319-385-1479
Sign up at <a href="http://www.henrycountyiowa.us/offices/ems">www.henrycountyiowa.us/offices/ems</a> . In the event of an emergency or severe weather condition, an alert will be sent to you.	
<b>American Red Cross (Emergency Disaster Assistance)</b> <a href="http://www.redcross.org">www.redcross.org</a> .....	319-393-3500
<b>Child &amp; Adult Abuse &amp; Neglect (24 hrs/day)</b> .....	800-362-2178
<b>Domestic Violence Intervention Program (DVIP)</b> <a href="http://www.dvipiowa.org">www.dvipiowa.org</a> <b>24-hour hotline</b> .....	800-373-1043
<b>Henry County Health Center</b> .....	319-385-3141
<b>Henry County Sheriff</b> .....	319-385-2712
<b>Text-a-Tip Hotline</b> .....	319-931-3667
Text details about underage drinking, drug use, or any other crimes or tips.	
<b>Iowa Victim Service Call Center</b> <a href="http://survivorshelpline.org">survivorshelpline.org</a> .....	800-770-1650
or text 'IOWAHELP' to 20121 for support for crime victims and concerned loved ones.	
<b>Poison Control Center</b> .....	800-222-1222
<b>Rape Victim Advocacy Program (RVAP)</b> <a href="http://rvap.org">rvap.org</a> <b>24-hour hotline</b> .....	800-228-1625
<b>Your Life Iowa 24-hour crisis hotline</b> <a href="http://yourlifeiowa.org">yourlifeiowa.org</a> .....	855-581-8111
<b>Text</b> .....	855-895-8398
Find support for problems with alcohol, drugs, gambling, mental health, and suicidal thoughts. Chat live, get reliable information & treatment options, & find help near you.	

## CHILD ABUSE PREVENTION

### Child Abuse Prevention Trainings

<b>Arin Jones, CPPC Coordinator</b> .....	319-385-8126
<b>ACEs and Connections Matter</b> <a href="http://www.iowaaces360.org">www.iowaaces360.org</a> <a href="http://www.connectionsmatter.org">www.connectionsmatter.org</a> Adverse Childhood Experiences have a profound impact on future learning, behavior, and overall health. Trainings available to raise awareness of ACEs and how to prevent or mitigate the effects. <i>Resilience</i> screenings available - <a href="http://Kpirfilms.co/films">Kpirfilms.co/films</a>	
<b>Poverty Simulation</b> <a href="http://povertysimulation.net/about">povertysimulation.net/about</a>	
<b>Stewards of Children</b> <a href="http://www.d2l.org">www.d2l.org</a> An evidence-informed, proactive approach to child sexual abuse prevention. Available online or through a facilitator-led session.	
<b>DHS - Iowa Department of Human Services</b> <a href="http://dhs.iowa.gov">dhs.iowa.gov</a> 205 W. Madison St., Mt. Pleasant.....	319-986-5157
Hrs: Monday - Friday 8am-4:30pm Child welfare, child care assistance, and dependent adult protective services.	

### Mississippi Valley Child Protection Center

Serves Henry County ..... 563-264-0580  
Forensic interviews, family advocacy, and medical examinations for child abuse victims and their non-offending caregivers. Also provides community education and training. Referrals for services must come from DHS and/or law enforcement.

*For additional resources and information visit [www.pcaiowa.org](http://www.pcaiowa.org)*

*To report child abuse please call 800-362-2178*

## CHILD CARE CENTERS

<b>Early Head Start (birth-3 years) and Head Start (3-5 years)</b> <a href="http://www.iowaheadstart.com">www.iowaheadstart.com</a> 1303 W. Washington, Mt. Pleasant .....	319-385-2310
These programs provide comprehensive child development and preschool for children from birth to 5 years of age. Full day and part day programs are available. Snacks and meals are provided for the children. Family development and referral services are available for families. Income guidelines apply.	
<b>Iowa Child Care Resource &amp; Referral</b> <a href="http://www.iowaccrr.org">www.iowaccrr.org</a> <b>Child Care Consultant</b> .....	866-324-3236
Provides on-site consultation to licensed preschools, centers, non-registered home providers, and child development home providers.	
<b>Parent Referral line</b> .....	855-244-5301
Assists families in selecting child care providers who best meet the needs of a child & their family.	
<b>New London Community Child Care Center</b> 507 S. Walnut St., New London.....	319-367-2412
Provides part-time, full-time and drop-in child care for children ages 6 weeks - 12 years in a licensed center, which is split up into 8 different developmentally & age appropriate groups. DHS assistance accepted. Call for openings.	

## CITY & COUNTY OFFICES

### City Halls

<b>Mt. Pleasant</b> 307 E. Monroe St.....	319-385-1470
<b>New London</b> 112 W. Main St.....	319-367-7702
<b>Olds</b> 111 S. Main St. ....	319-254-2415
<b>Salem</b> 201 S. Main St.....	319-258-4531
<b>Wayland</b> 218 W. Main St.....	319-256-3276
<b>Winfield</b> 115 N. Locust St. ....	319-257-6661

### Henry County Courthouse [www.henrycountyiowa.us](http://www.henrycountyiowa.us)

100 E. Washington St., Mt. Pleasant  
Motor vehicle registration, drivers licenses, property taxes & more.

**Henry County Emergency Management** [www.henrycountyiowa.us/offices/ems](http://www.henrycountyiowa.us/offices/ems)  
900 W. Washington, Mt. Pleasant..... 319-385-1479

**Henry County Public Health** [www.henrycountyiowa.us/offices/publichealth](http://www.henrycountyiowa.us/offices/publichealth)  
106 N. Jackson St, Ste 103 Mt. Pleasant..... 319-385-0779

**Henry County Sheriff** [www.henrycountyiowa.us/offices/sheriff](http://www.henrycountyiowa.us/offices/sheriff)  
 800 S. Grand Ave., Mt. Pleasant ..... **319-385-2712**  
 Text-a-tip hotline ..... **319-931-3667**

**Henry County Veterans Affairs Office** [www.henrycountyiowa.us/offices/veterans](http://www.henrycountyiowa.us/offices/veterans)  
 106 E. Clay St., Ste 103, Mt. Pleasant ..... **319-385-0792**  
 Hrs: Tues/Thurs 8am-4pm; Wed 8am-12pm

**Police (non-emergency)**  
**Mt. Pleasant** ..... **319-385-1450**  
**New London** ..... **319-367-7700**  
**Olds** ..... **319-385-2712**  
**Salem** ..... **319-385-2712**  
**Wayland** ..... **319-256-3276**  
**Winfield** ..... **319-257-6661**

## COUNSELING/MENTAL HEALTH

**CHOICES Drop-In Center** [www.firstresources.us](http://www.firstresources.us)  
 211 W. Monroe, Mt. Pleasant ..... **319-201-1064**  
 Hrs: Monday - Friday 8:30am-4:30pm. Hours subject to change.

CHOICES is a consumer run drop-in center that provides a critically important social support for persons with psychiatric needs. CHOICES is run by peers and is a place where you can relax, be yourself, feel accepted and safe, and find the support and encouragement you need to rebuild a meaningful life. CHOICES offers daily programming that focuses on wellness and empowerment. Other services include a daily lunch, desktop computers, free wireless internet, transportation (requires 24 hours advance notice), community resources, and friendly staff. Adults only.

**Christamore Family Treatment Center** [www.younghouse.org](http://www.younghouse.org)  
 905 S. Iris St., Mt. Pleasant ..... **319-385-2906**  
 Provides services to adolescents experiencing behavioral and emotional problems and their families. Emergency shelter, residential treatment, and school-only programs available for youth up to age 17.

**Clerk of Court** [www.henrycountyiowa.us/offices/clerkofcourt](http://www.henrycountyiowa.us/offices/clerkofcourt)  
 100 E. Washington St., Ste 300, Mt. Pleasant ..... **319-385-2632**  
 Takes applications for court ordered hospitalization for mental health or substance abuse.

**Domestic Violence Intervention Program (DVIP)** [www.dvipiowa.org](http://www.dvipiowa.org)  
 101 S. Cherry St., Ste 2, Mt. Pleasant ..... **319-850-8518**  
 24-hour hotline ..... **800-373-1043**  
 Provides comprehensive support and advocacy services to victim/survivors, focusing on immediate and long-term safety, empowerment, dignity, and hope. In collaboration with the community, we strive to end domestic abuse through education, accountability, and social justice.

**Elements Family Therapy & Play Therapy Center**  
 124 N. Main St., Mt. Pleasant ..... **319-385-1665**

Hrs: Monday - Friday by appointment  
 Treating individuals, couples, children & families utilizing a variety of therapeutic techniques including: solution focused, narrative, cognitive behavioral, trauma focused, EMDR, and play therapy.

**Families First Counseling Services of Iowa** [www.families-first.net](http://www.families-first.net)  
 214 N. 4th St., Ste 1A, Burlington ..... **888-316-3025**  
 Services including but not limited to: Behavioral Health Intervention Services (BHIS), assessments, in-office therapy and private pay. Serves Henry County.

**Henry County Coordinator for Disability Services**  
[www.henrycountyiowa.us/offices/cpc](http://www.henrycountyiowa.us/offices/cpc)  
 106 E. Clay St., Ste 102, Mt. Pleasant ..... **319-385-4050**  
 Hrs: Monday - Friday 8am-4pm  
 Provides funding assistance and referrals for mental health, intellectual disability, and developmental disability related services.

**Hillcrest Family Services** [www.hillcrest-fs.org](http://www.hillcrest-fs.org)  
 106 N. Jackson St., Mt. Pleasant ..... **319-385-7177**  
 Hrs: Monday - Friday 8am-5pm  
 Offers individual, group, marital and family counseling, psychosocial evaluations, emergency services, medication management, integrated health home services, bilingual therapy, and community outreach and mental health education. Crisis appointments available daily.

**Insight Partnership Group LLC**  
 2205 E. Washington St., Mt. Pleasant ..... **319-385-2046**  
 Provides home-based habilitation services for persons with mental illness or intellectual disabilities, community integration programs, and payee services for persons with disabilities.

**Life Connections Peer Recovery Services** [www.lifeconnectionsrecovery.org](http://www.lifeconnectionsrecovery.org)  
 DeWitt, but serves Henry County ..... **563-695-1171**  
 Supports individuals who are experiencing mental health and substance addiction issues and who want to work on their recovery goals and situations before getting into a crisis situation. Services include peer-run wellness center and respite center. Serves all individuals regardless of ability to pay.

**Optimae LifeServices** [www.optimaelifeservices.com](http://www.optimaelifeservices.com)  
 605 E. Winfield Ave., Mt. Pleasant ..... **319-385-8051**  
 Individual, family, and group outpatient counseling for children and adults. Psychiatric evaluations and medication management. Services to support independent living and community involvement for people with a disability.

**Rape Victim Advocacy Program (RVAP)** [www.rvap.org](http://www.rvap.org)  
 101 S. Cherry St., Ste 2, Mt. Pleasant ..... **319-541-9809**  
 Hrs: Monday - Friday 9am-5pm  
 24-hour crisis hotline ..... **800-228-1625**  
 RVAP provides free, confidential support, advocacy, and information.

**Young House Family Services** [www.younghouse.org](http://www.younghouse.org)

400 S. Broadway St., Burlington ..... 319-752-4000

**Community Counseling:** Outpatient therapy services for children, adults, and families provided at the YHFS central office. Title 19 and most private insurances accepted.

**EPIC (Early Parenting Interventions and Coaching):** Program for parents of pre-school aged children.

**Family Based Services:** In-home and community based programs, including counseling and skill development, adoption services, substance abuse treatment services, Brief Intensive Services, and Behavioral Health Intervention Services (BHIS). Services provided throughout Southeast Iowa and some services available at no cost to families.

**Pediatric Integrated Health Program (PIHP)** serves children and families living in Southeast Iowa. Children with Medicaid and a mental health diagnosis are eligible for PIHP services. The program is FREE and includes care coordination to ensure all of your child’s physical and mental health needs are being met. Your family will work with a nurse, care coordinator, and family support specialist to help your child succeed in school, at home, and in the community.

**Respectful Individuals who are Strong & Empowered:** R.I.S.E offers school-based therapy in select school districts.

**Trauma Informed Trainings:** Available to professional staff, educators, and foster/adoptive families.

*For additional resources and information visit* [www.mentalhealth.gov](http://www.mentalhealth.gov)

## DENTAL CARE

**Children’s Dental Center of Southeast Iowa**

1804 E. Washington St., Mt. Pleasant..... 319-752-1444

**Community Health Centers of Southeast Iowa, Inc (CHC/SEIA)** [www.chcseia.com](http://www.chcseia.com)

1706 W. Agency Rd., West Burlington ..... 319-752-5540

2409 Spring St., Columbus City ..... 319-728-7400

1618 Main St., Keokuk..... 319-524-5734

Provides dental care for all ages. Most insurances accepted, including Medicaid, and patients without insurance welcome. Sliding fee discount scale available based on household size and household income. Accepting new patients. Translation services available.

**Dental Specialists of Iowa**

1804 E. Washington St., Mt. Pleasant..... 319-385-5260

**Family Dental Health Services**

Henry County Health Center, Suite 28  
407 S. White St., Mt. Pleasant..... 319-385-6750

**Iris Dental**

217 E. Monroe St., Mt. Pleasant ..... 319-385-4680

**Mt. Pleasant Dental Associates**

304 N. Jefferson St., Mt. Pleasant ..... 319-385-8912

**New London Dental Care**

107 Toothache Dr., New London..... 319-367-2311

**Oral Surgery Associates of Iowa City**

1804 E. Washington St., Mt. Pleasant..... 319-385-5266

**Dr. Robert Pusey/Dr. Amanda Gilles**

209 W. 2nd St., Wayland ..... 319-256-4065

## DISABILITY SERVICES

**Access 2 Independence** [access2independence.org](http://access2independence.org)

Iowa City, serving Henry County ..... 319-338-3870

Disability resource center to empower people with disabilities to live independently and fully integrated in their community through education, advocacy, and peer support. Also provides independent living skills training and transition services to assist in returning to the community from an institution. All services are free of charge.

**Child Health Specialty Clinics (CHSC)** [www.chsciowa.org](http://www.chsciowa.org)

123 E. 3rd St., Suite 2, Ottumwa ..... 641-682-8145

See Health Care section for description of services.

**CHOICES Drop-In Center** [www.firstresources.us](http://www.firstresources.us)

211 W. Monroe St., Mt. Pleasant..... 319-201-1064

Hrs: Monday-Friday 9am-4:30pm; Saturday 1-3:30pm. Hours subject to change. CHOICES is a consumer run drop-in center that provides a critically important social support for persons with psychiatric needs. CHOICES is run by peers and is a place where you can relax, be yourself, feel accepted and safe, and find the support and encouragement you need to rebuild a meaningful life. CHOICES offers daily programming that focuses on wellness and empowerment. Other services include a daily lunch, desktop computers, free wireless internet, transportation (requires 24 hours advance notice), community resources, and friendly staff. Adults only.

**Henry County Coordinator for Disability Services** [www.henrycountyiowa.us/offices/cpc](http://www.henrycountyiowa.us/offices/cpc)

106 E. Clay St., Ste 102, Mt. Pleasant..... 319-385-4050

Hrs: Monday - Friday 8am-4pm  
Funding assistance and referrals for mental health, intellectual disability, and developmental disability related services.

**Hope Haven Area Development Corporation** [www.hopehavencorp.com](http://www.hopehavencorp.com)

828 N. 7th St., Burlington..... 319-754-4689

Programs for persons with disabilities: evaluation, personal, social & community services, work adjustment, supported employment, job placement, residential services, respite care, community supervised apartment living, and supported community living.

**Flexible Services** 502 N. Lincoln St., Mt. Pleasant ..... 319-385-9980

Hrs: Monday - Friday 9am-3pm  
Day Program serving individuals with varying disabilities. Trained professional staff assists individuals with independent life skills, increasing community involvement, and opportunities to establish new friendships through group socialization.

### **Insight Partnership Group LLC**

2205 E. Washington St., Mt. Pleasant..... **319-385-2046**  
Provides home-based habilitation services for persons with mental illness or intellectual disabilities, community integration programs, and payee services for persons with disabilities.

### **Iowa Vocational Rehabilitation Services** [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

1000 N. Roosevelt Ave., Ste 7, Burlington..... **319-753-2231**  
Provides individualized services to eligible individuals with disabilities. See full listing in the Employment/Job Training section.

### **Milestones Area Agency on Aging (AAA)** [www.milestonesaaa.org](http://www.milestonesaaa.org)

509 Jefferson St., Burlington ..... **319-752-5433** or **855-410-6222**  
Also serves adults age 18-59 with a disability, connecting them to resources in the community.

### **REM Iowa** [www.remiowa.com](http://www.remiowa.com)

207 S. Harrison St., Ste 3, Mt. Pleasant ..... **319-385-2343**  
Supported home and community-based services for persons with physical and mental disabilities.

### **Van Buren Job Opportunities (supported employment)**

308 Mulberry, Keosauqua..... **319-293-6276**  
Serves Henry County. Helps with job placement and job coaching for persons with disabilities.

## **EDUCATION**

### **Great Prairie Area Education Agency (AEA)** [www.gpaea.org/](http://www.gpaea.org/)

2814 N. Court St., Ottumwa ..... **800-382-8970**  
3601 West Ave., Burlington ..... **319-753-6561**  
Hrs: Monday - Thursday 8am-4:30pm; Friday 8am-4pm

**Child Find:** A process used by the Special Education staff in cooperation with local school districts to locate, identify, and serve eligible children before they enter school.

**Early ACCESS:** Iowa's early intervention system for children birth to 3 with delays in development or health/physical conditions that affect development.

**Iowa Family & Educator Partnership:** Coordinates partnerships between families, educators, and community providers to promote the success of all children with special needs.

**Special Education:** Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in selected school centers, speech-language services, and special education consulting.

### **Iowa Safe Schools** [www.iowasafeschools.org](http://www.iowasafeschools.org) ..... **515-381-0588**

24/7 crisis assistance ..... **800-770-1650**  
Provides safe, supportive, and nurturing learning environments and communities for LGBTQ and allied youth through education, outreach, advocacy, and victim services.

### **Preschool - Grade 12**

#### **Grow 'N' Glow Preschool**

304 E. Main St., New London..... **319-367-5303**

#### **Head Start** [www.iowaheadstart.com](http://www.iowaheadstart.com)

1303 W. Washington St., Mt. Pleasant ..... **319-385-2310**  
Income guidelines apply. Preschool scholarships available.

#### **Mt. Pleasant Christian School K-12** [www.mtpleasantchristian.com](http://www.mtpleasantchristian.com)

1505 E. Washington St., Mt. Pleasant..... **319-385-8613**

#### **Mt. Pleasant Community Schools** [www.mtpcsd.org](http://www.mtpcsd.org)

1010 E. Washington St., Mt. Pleasant..... **319-385-7750**

##### **Little Panthers Preschool - Mt. Pleasant**

Van Allen Elementary - 801 E. Henry St..... **319-385-7771**

##### **Little Panthers Preschool - Salem**

Salem Elementary - 412 E. Jackson St., Salem..... **319-258-7799**

**Harlan Elementary** 1001 N. Main St. .... **319-385-7762**

**Lincoln Elementary** 501 S. Corkhill St..... **319-385-7765**

**Salem Elementary** 412 E. Jackson St., Salem..... **319-258-7799**

**Van Allen Elementary** 801 E. Henry St..... **319-385-7771**

**Middle School** 400 N. Adams St..... **319-385-7730**

**High School** 2104 S. Grand Ave..... **319-385-7700**

**WisdomQuest Alternative High** 400 E. Madison St..... **319-385-7709**

#### **New London Community Schools** [www.nlcscd.org/](http://www.nlcscd.org/)

106 W. Wilson St., New London ..... **319-367-0512**

**Clark Preschool-Elementary** 401 S. Walnut St..... **319-367-0507**

**Junior-Senior High** 101 W. Wilson St..... **319-367-0500**

#### **Son Shine Academy Preschool** .....

**319-385-7336**  
Faith Lutheran Church - 910 E. Maple Leaf Dr., Mt. Pleasant

#### **WACO Community Schools** [www.wacocsd.org/](http://www.wacocsd.org/)

706 N. Pearl St., Wayland..... **319-256-6201**

**Preschool-Elementary** 200 S. Main, Crawfordsville ..... **319-658-2931**

**Junior-Senior High** 706 N. Pearl St., Wayland ..... **319-256-6200**

#### **Winfield-Mt. Union Community Schools** [wmucsd.org/](http://wmucsd.org/)

**Preschool-Senior High** 208 S. Olive St., Winfield ..... **319-257-7700**

### **Post-Secondary & Adult**

#### **Iowa Wesleyan University** [www.iw.edu](http://www.iw.edu)

601 N. Main St., Mt. Pleasant ..... **319-385-8021** or **800-582-2383**

#### **ISU Extension and Outreach - Henry County** [www.extension.iastate.edu/henry](http://www.extension.iastate.edu/henry)

127 N. Main St., Mt. Pleasant ..... **319-385-8126**

Hrs: Monday - Thursday 9am-4:30pm; Friday 9am-12pm  
Information and educational programs on aging, childcare, child development, consumer decisions, financial management, family relationships, leadership, nutrition, parent education, and youth.



**Southeastern Community College** [www.scciowa.edu](http://www.scciowa.edu)

200 N. Main St., Mt. Pleasant .....319-385-8012 or 319-208-5254

Offers a variety of associate degree programs, continuing education opportunities, and online learning.

**General Adult Assistance**

Help with reading, writing, math, and thinking abilities in order to enter a college or vocational training program or to upgrade employment skills. Assistance in preparing for high school equivalency diploma testing. Call for class times.

**E.S.L. (English as a Second Language)**

Classes are available to help non-English speaking adults learn English. Emphasis is on speaking, listening, reading, and writing. Classes are free; books may be purchased at a low cost.

**EMPLOYMENT/JOB TRAINING**

**Advance Services (Staffing)** [www.advanceservices.com](http://www.advanceservices.com)

106 N. Jefferson St., Mt. Pleasant .....319-201-1236

**America’s SBDC Iowa** [www.iowasbdc.org/](http://www.iowasbdc.org/)

Serves Henry County .....319-208-5381

Offers free and confidential 1-on-1 consulting for business owners to start, expand, or close their business. Call to make an appointment.

**Center for Cultural Initiatives (CCI)**

Sal Alaniz ([sal@printgroupusa.com](mailto:sal@printgroupusa.com)).....319-750-3898

Provides support of minority and diversity business initiatives, support and resources for New Iowans, and support with poverty initiatives, education, health care, diversity, and other quality of life issues and events.

**Hope Haven Area Development Center** [www.hopehavencorp.com](http://www.hopehavencorp.com)

Burlington .....319-754-4689

**Employment Services Program** assists individuals with disabilities in obtaining and maintaining community employment. Hope Haven assists with job development/ job matching, on-the-job training, on or off-site follow-along support, job readiness skills, career awareness, job shadowing/observation, transportation training, and job site analysis. Services offered in your own community.

**Iowa Vocational Rehabilitation Services** [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)

1000 N. Roosevelt Ave., Ste 7, Burlington.....319-753-2231

Provides individualized services to eligible individuals with disabilities, which may include: diagnostic and/or evaluation services needed to assess employability and vocational rehabilitation potential, physical and mental restoration services, vocational training, guidance and vocational counseling, career exploration, job placement & retention counseling, adaptive devices, business consultation for disability related services, and other appropriate services & programs for individuals with disabilities.

**IowaWORKS** [www.iowaworks.gov](http://www.iowaworks.gov)

1000 N. Roosevelt Ave., Burlington.....319-753-1671 or 800-642-4032

Hrs: Mon, Tues, Thurs, Fri 8:30am-4:30pm; Wed 9am-4:30pm

Offers daily no cost job readiness workshops, must pre-register. Processes unemployment insurance claims, provides job placement services to unemployed and underemployed individuals. Helps employers locate qualified individuals for openings, provides labor market information on request. Computers available to complete resumes, access job and career information, provide veterans of the military services employment / career information, and provide proficiency testing in areas such as typing and keyboarding.

**Mt. Pleasant SCC** - 200 N. Main St., Mt. Pleasant.....319-385-8012

Call for appointment.

**Promise Jobs:** Pre-employment and on the job training, institutional skill training, secondary education certification, and remedial & basic skills training. Financial assistance for low-income persons with tuition, childcare, and transportation. This program is available for individuals on the Family Investment Program (FIP). Application approval and referral from DHS required.

**WIOA Adult and Dislocated Worker Program:** Staff assisted resume writing, mock interviews, job searching and placement. Individualized assistance to help job seekers become work ready. Financial assistance available. Must meet eligibility guidelines.

**WIOA NextStep:** Works with youth ages 16-24. Goals include helping youth find and keep a job that will lead to self-sufficiency. Works with out-of-school or in-school youth, enforcing the tie between academic learning and employment.

**Proteus** [www.proteusinc.net](http://www.proteusinc.net)

Serves Henry County .....800-372-6031

Proteus serves migrant and seasonal farmworkers with training, health care and other assistance to make their dream of a brighter tomorrow a reality.

**Team Staffing Solutions** [www.teamssi.com](http://www.teamssi.com)

114 E. Monroe St., Ste 108, Mt. Pleasant.....319-385-8844

**Temp Associates** [www.tempassociates.com](http://www.tempassociates.com)

111 W. Monroe St., Ste. 202, Mt. Pleasant .....319-385-1724

**FOOD, CLOTHING, & FINANCIAL**

**Community Action of Southeast Iowa** [www.caofseia.org](http://www.caofseia.org)

Tolson Center: 1303 W. Washington St., Mt. Pleasant .....319-385-2310

**FaDSS Family Development Self-Sufficiency Program:** This program assists families who are participating in the Family Investment Program (FIP). A Family Development Specialist works with participants to help them overcome obstacles while working toward self-sufficiency.

**Food and Financial:** Available for emergency food. Assistance with emergency rent and limited medication assistance is also available.

**Low Income Home Energy Assistance (LIHEAP):** Funding is available to assist eligible households for help in paying their utility bills.

**Weatherization:** Helps homeowners and renters decrease their energy costs by inspecting and cleaning furnaces and insulating their homes, which improves their energy usage and reduces air infiltration.

**Women, Infant and Children (WIC) Supplemental Nutrition Program:** The WIC program provides medical and nutritional assessments, education, and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants, and children up to 5 years. Clinics are held the last week of the month at the Mt. Pleasant Presbyterian church. Call **877-854-5640** to schedule an appointment.

**Congregate Meal Sites (Senior Dining) or Home Delivered Meals**

[www.milestonesaaa.org/meal-sites](http://www.milestonesaaa.org/meal-sites) ..... **855-410-6222**

**Mt. Pleasant** – Senior Deli Dining at Hy-Vee, 1700 E. Washington St.

Hrs: Monday - Friday 11am-1pm. Reservations needed.

Call **1-855-410-6222 ext 7504** to make a reservation or to ask questions.

To cancel a senior deli dining meal – call **319-385-2266** (Hy-Vee)

**Salem** - Community Building, 201 S. Main St..... **319-258-4111**

Hrs: Monday - Friday 10am-1pm; Lunch at 12pm

**Winfield** - Veterans Building, 116 N. Locust St..... **319-257-6921**

Hrs: Monday - Friday 9:30am-12:30pm; Lunch at 11:30am

**DHS - Iowa Department of Human Services** [dhs.iowa.gov](http://dhs.iowa.gov)

205 W. Madison St., Mt. Pleasant..... **319-986-5157**

Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid), and child care assistance.

**Fellowship Cup** [www.thefellowshipcup.org](http://www.thefellowshipcup.org)

203 N. Jefferson St., Mt. Pleasant ..... **319-385-3242**

Hrs: Monday - Friday 8am-4:30pm. Food pantry that serves individuals/families who are residents of Henry County and holiday meals for the needy.

**Community Meal:** Wednesdays at 11:30am. Open to everyone.

**FISH Program:** Food support or one night lodging, gas or bus ticket for transients or travelers in emergency situation. (Must be transient, not a resident of Henry County).

**Friendship House:** Shelter for family visiting prisoners at the Medium Security Unit.

**Quarter Maybe More Store**

112 N. Jefferson St., Mt. Pleasant ..... **319-385-3262**

Hrs: Monday - Friday 9am-5pm; Saturday 9am-12pm

Sells second hand household goods, furniture, and clothing to support The Fellowship Cup ministry programs. Open to everyone.

**Henry County General Assistance** [www.henrycountyiowa.us/offices/genassistance](http://www.henrycountyiowa.us/offices/genassistance)

106 E. Clay St., Ste 102, Mt. Pleasant..... **319-385-0790**

Hrs: Monday – Friday 8am-4pm

Provides residents of Henry County with temporary financial assistance for basic needs such as rent, utility, burial, or limited medical assistance.

**Iowa WINs (Iowa Welcomes Immigrant Neighbors)** [www.iowawins.net](http://www.iowawins.net)

902 S. Walnut St., Mt. Pleasant ([iowawins1@gmail.com](mailto:iowawins1@gmail.com)) ..... **319-986-5851**

Iowa WINs, a community commission of First Presbyterian Church, works to make the greater Mt. Pleasant community an inclusive and hospitable community that welcomes people from across the world looking for a new home. Food pantry, legal, and other assistance available to immigrants in need.

**Mt. Pleasant Community Garden (ran through The Fellowship Cup)**

211 S. Jackson St., Mt. Pleasant ..... **319-385-3242**

**New London School Food Pantry**

106 W. Wilson Street, New London ..... **319-367-0512**

Hrs: Thursdays 3:30-6pm; Saturdays 9-11am; or by appointment

Open to all families with a child enrolled in New London Daycare or New London School District.

**WACO Food Pantry (at United Church of Crawfordsville)**

105 N. Chestnut St., Crawfordsville ..... call Jenny @ **319-461-0532**

**Winfield Food Pantry (at Winfield Methodist Church)**

204 E. Pine St., Winfield ..... **319-257-6741**

*Search for additional resources in all categories online by zip code at [HealthyHenryCounty.AuntBertha.com](http://HealthyHenryCounty.AuntBertha.com) or [www.AuntBertha.com](http://www.AuntBertha.com)*

## GET INVOLVED

**Fellowship Cup** [www.thefellowshipcup.org](http://www.thefellowshipcup.org)

203 N. Jefferson St., Mt. Pleasant ..... **319-385-3242**

Hrs: Monday - Friday 8am-4:30pm

Numerous volunteer opportunities at the food pantry and Quarter Maybe More store.

**Healthy Henry County Communities (HHCC)**

[www.HealthyHenryCounty.org](http://www.HealthyHenryCounty.org) [www.facebook.com/HealthyHenryCounty](https://www.facebook.com/HealthyHenryCounty)

106 N. Jackson St., Ste 103, Mt. Pleasant..... **319-385-0779**

A community partnership with Henry County Public Health which unites individuals, organizations, programs, and agencies to create a better quality of life for all Henry County residents. Current activities focus on the areas of Eat Well, Move More, and Feel Better. We are always looking for interested community members who would like to become involved in making Henry County a better place to live, work, and raise a family! The coalition meets the 1st Tuesday of each month at 1pm.

Subcommittees include:

**Henry County Child Advocacy Council**

[www.HealthyHenryCounty.org/child-abuse-prevention/](http://www.HealthyHenryCounty.org/child-abuse-prevention/)

[www.facebook.com/quadcountycppc/](https://www.facebook.com/quadcountycppc/)

A partnership of caring citizens, community leaders, local organizations and agencies that come together with a common goal of keeping our children safe and families strong. This child abuse prevention council meets the 3rd Thursday at 12pm and includes an interagency meeting. Call **319-385-8126** to learn more.

**Henry County Substance Abuse Coalition (HCSAC)**

[www.HealthyHenryCounty.org/substance-abuse-prevention/](http://www.HealthyHenryCounty.org/substance-abuse-prevention/)

[www.facebook.com/henrycountysubstanceabusecoalition/](https://www.facebook.com/henrycountysubstanceabusecoalition/)

HCSAC focuses on helping parents, family members, and other care-givers understand the harmful effects of substance use and abuse on youth, and what they can do to prevent it. HCSAC holds community and youth forums, sponsors

youth activities, facilitates support groups, engages in policy advocacy, and offers community resource developments. They meet the 3rd Thursday at 11am. Call **319-385-8126** to learn more.

**Mount Pleasant Area Chamber Alliance** [business.mountpleasantiowa.org/list](http://business.mountpleasantiowa.org/list)  
 124 S. Main St., Mt. Pleasant ..... **319-385-3101**  
 Find a list of community organizations and civic groups. Volunteers also needed for Chamber and Main Street events and committees.

**RSVP Retired Senior Volunteer Program** [www.thefellowshipcup.org/rsvp](http://www.thefellowshipcup.org/rsvp)  
 203 N. Jefferson St., Mt. Pleasant ..... **319-385-3242**  
 Matches interests of people over 55 with rewarding, flexible volunteer opportunities for community service through local non-profit and public agencies.

## HEALTH CARE

**Advanced Home Health Care** [advanced-homehealthcare.com](http://advanced-homehealthcare.com)  
 Burlington office, serving Henry County ..... **319-753-6270**  
 Provides home health aides and LPNs for shift work in clients homes, offers respite care to help give family caregivers a much-needed break, and more. Professional nurses, therapists, and caregivers provide patients with a variety of in-home care services.

**CARE at Home Iowa** [www.careathomeiowa.us](http://www.careathomeiowa.us)  
 101 S. Cherry St., Ste 1, Mt Pleasant ..... **319-330-1755**  
 We strive to make a positive difference in the lives of our patients by providing safe, compassionate, caring, high-quality care with dedicated and highly skilled staff in the comfort of your own home.

**Child Health Specialty Clinics** [www.chsciowa.org](http://www.chsciowa.org)  
 123 E. 3rd St., Ste 2, Ottumwa ..... **641-682-8145**  
 Hrs: Mon – Thurs 7am-5:30pm; Satellite clinic in Mt. Pleasant every 1-2 months  
 Iowa’s Title V program for children with special health care needs. Services are provided to children and youth, birth through 21, who have a chronic condition (physical, developmental, behavioral, or emotional) or who have an increased risk for a chronic condition and a need for special services. Local services in Mt. Pleasant include: family navigator services, autism services, and care coordination. Call for details.

**Community Health Centers of Southeastern Iowa, Inc.** [www.chcseia.com](http://www.chcseia.com)  
 1706 W. Agency Rd., West Burlington ..... **319-768-5858**  
 2409 Spring St., Columbus City ..... **319-728-7400**  
 400 N. 17th St., Keokuk ..... **319-524-5734**  
 951 Broadway St., Hamilton, IL ..... **217-847-2112**  
 Provides a full range of primary medical care and behavioral health care services for all ages. Most insurances accepted and patients without insurance welcome. Sliding fee discount scale available based on household size and household income. Translation services available.

**EveryStep Hospice** [www.everystep.org](http://www.everystep.org)  
 118 N. Main St., Mt. Pleasant ..... **319-385-4472**  
 Provides care for the terminally ill, including nursing, hospice aides, chaplain services,

volunteers, social workers, pharmacists, medical equipment, and bereavement counseling.

**Family Medicine of Mt. Pleasant** [portal.fmmtp.com](http://portal.fmmtp.com)  
 501 S. White St., Mt. Pleasant..... **319-385-6700**  
 Mon-Fri 7:30-8:30am (acute care walk-in; established patients only), 8:30am-12pm, 1:30pm - 5pm (appt.); Sat 9-11:30am (acute care walk-in; established patients only).

**Family Planning of Southeast Iowa** [www.greatriverhealthsystem.org/family-planning](http://www.greatriverhealthsystem.org/family-planning)  
 801 S. Roosevelt Ave., Ste C, Burlington..... **319-768-1225**  
 Comprehensive, confidential care including testing, treatment, and health education. Clinic fees are based on income and no one is denied services based on their ability to pay.

**Great River Home Health and Hospice Care** [www.greatriverhealth.org](http://www.greatriverhealth.org)  
 1306 S. Washington Rd., West Burlington..... **319-768-3350**  
**Home Health Care:** Skilled nursing, home health aide, physical therapy, occupational therapy, speech therapy, and social workers available.  
**Hospice:** Assistance in going through the end-of-life process, bereavement, chaplain, and social work assistance available.

**Henry County Health Center** [www.hchc.org](http://www.hchc.org)  
[www.facebook.com/HenryCountyHealthCenter/](http://www.facebook.com/HenryCountyHealthCenter/)  
 407 S. White St., Mt. Pleasant..... **319-385-3141**

**Henry County Health Center offers the following services:**

- |  |                                  |
|--|----------------------------------|
| Anesthesia and Pain Management           | Laboratory                       |
| Cardiac & Cardiopulmonary Rehabilitation | Lifeline Medical Response System |
| Cardiopulmonary Diagnostics              | Nutrition Education              |
| Diabetes Education Center                | Park Place Elder Living          |
| Dialysis                                 | Physicians & Clinics of HCHC     |
| Emergency Department                     | Rehabilitation Services          |
| Emergency Medical Services/Ambulance     | Sleep Lab                        |
| Imaging Services/Radiology               | Specialty/Outpatient Clinic      |
| Infusion Therapy/Chemotherapy            | Surgery Department               |
| Inpatient Services Department            | Women’s Health                   |

**Medical specialties offered at Henry County Health Center include:**

- |                    |                       |
|--------------------|-----------------------|
| Audiology          | Obstetrics/Gynecology |
| Cardiology         | Oncology              |
| Dermatology        | Ophthalmology         |
| Ears, Nose, Throat | Orthopaedics          |
| Emergency Medicine | Podiatry              |
| Endocrinology      | Pulmonology           |
| Family Practice    | Radiology             |
| General Surgery    | Urology               |
| Neurology          |                       |



**Physicians & Clinics of HCHC:**

**Mt. Pleasant Clinic**

407 S. White St., Mt. Pleasant ..... 319-385-6770

Hrs: Monday - Friday 9am-12pm, 1-5pm

**New London Clinic**

111 W. Washington St., New London ..... 319-367-2241

Hrs: Mon, Tues, Thurs, Fri 8am-12pm, 1-5pm; Wed 8am-12pm

**Wayland Clinic**

227 W. Main St., Wayland ..... 319-256-7100

Hrs: Mon/Thurs 8:30am-12pm, 1-5pm; Wed 8:30-11:30am

**Winfield Clinic**

110 W. Pine St., Winfield ..... 319-257-6211

Hrs: Tues/Fri 8:30am-12pm, 1-5pm; Wed 1-4pm

**Henry County Public Health** [www.henrycountyiowa.us/offices/publichealth](http://www.henrycountyiowa.us/offices/publichealth)

106 N. Jackson St., Ste 103, Mt. Pleasant..... 319-385-0779

Hrs: Monday - Friday 8am-4pm

**Adult Health Maintenance Program:** Home visits by a registered nurse to persons not eligible through a Medicare certified agency. Services include medication set-up, health assessments, blood draws for lab tests, and other health interventions.

**Breast and Cervical Cancer Early Detection Program:** Provides assistance for mammograms and well woman appointments for eligible women.

**CARE LINKS Care Coordination:** Personalized assistance with finding and connecting to community resources and services such as food, healthcare, educational or vocational services, and housing to help you better manage your overall health.

**Homemaker Program:** Specially trained staff perform personal care & homemaking in the home under the direction of an RN. Services may include bathing and other personal cares, light housekeeping, laundry, errands, food shopping, and food preparation.

**Immunization Clinic:** For children and adults. Tuesdays 9-11am; Wednesdays & Thursdays 1-4pm; 1st & 3rd Thursday of the month 1-6pm. Interpretation available.

**Lead Program:** Lead testing is available at WIC clinics in Mt. Pleasant or by appointment. Call for more details.

**Maternal and Child Health Program:** Provides wellness and dental screening, nutrition education, and education for young pregnant mothers by a registered nurse on birth of the baby, growth, and development.

**Newborn Home Visitor Program:** Provides a registered nurse to visit new moms and babies for education and early interventions/referrals.

**Mobile Nursing** [mobilenursingservices.com](http://mobilenursingservices.com)

Serves Henry County ..... 800-798-7793

Offers a full range of nursing services in the privacy and comfort of your home for patients with varied needs and health problems.

**Moeller Family Practice**

107 E. Madison St., Mt. Pleasant..... 319-385-4915

Hrs: Mon/Tues/Thurs 9am-5pm; Wed/Fri 9am-12pm

**Needle/Sharps Disposal through Mike Prottzman Sanitation** ..... 319-986-6355

900 W. Washington St., Mt. Pleasant (area behind Emergency Management Center)

Hrs: Fridays 8am-3pm; Saturdays 8am-12pm

Container pickup and exchange for individuals, no cost to Henry County residents. Available to rural residents during trash service at the county sites. Call for location.

**Optimae LifeServices** [www.optimaelifeservices.com/our-services/home-health](http://www.optimaelifeservices.com/our-services/home-health)

Serves Henry County ..... 641-472-4464

Home Health Services: Offers skilled nursing and home health aides, as well as physical, occupational, and speech therapy.

**Planned Parenthood of the Heartland**

[www.plannedparenthood.org/planned-parenthood-heartland](http://www.plannedparenthood.org/planned-parenthood-heartland)

850 Orchard St., Iowa City ..... 877-811-7526

Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

**Prescription Drug Drop-Off Sites**

Henry County Sheriff 800 S. Grand Ave., Mt. Pleasant

Mt. Pleasant Police Station 204 E. Washington St., Mt. Pleasant

Drop off unused/expired prescription or over the counter medications (needles will not be accepted, see Needle/Sharps Disposal listing in this section)

**Proteus** [www.proteusinc.net](http://www.proteusinc.net)

Serves Henry County ..... 800-372-6031

Proteus serves migrant and seasonal farmworkers with training, health care, and other assistance to make their dream of a brighter tomorrow a reality.

**Southeastern Renal Dialysis LC**

507 S. White St., Mt. Pleasant..... 319-385-6720

Site locations in Mt. Pleasant, W. Burlington, Fairfield, Keokuk, and Ft. Madison.

**Sunnybrook Home Care** [sunnybrookhomecare.com/](http://sunnybrookhomecare.com/)

Serves Henry County ..... 641-472-4808 or 866-538-5238

Provides home care services for all ages and those recovering from surgery, illness, accident, or living with disabilities.

**HOUSING**

**Henry Co. Habitat for Humanity** [henrycountyiowahabitat.org](http://henrycountyiowahabitat.org) ..... 319-931-0656

**Homeless Shelters**

**Burlington Area Homeless Shelter**

123 N. Marshall St., Burlington ..... 319-754-6791

Call ahead to check availability. Substance use prohibited.

**Washington Outreach Center**

604 S. Iowa Ave., Washington ..... 319-653-5871

**Regional Utility Service Systems (RUSS)** [www.henrycountyiowa.us/offices/envirohealth](http://www.henrycountyiowa.us/offices/envirohealth)

1501 W. Washington St., Ste 103, Mt. Pleasant..... 319-385-1223

Provides environmental health services for Henry County residents including water

testing, well permitting and inspections, septic system permitting and inspections, and well rehab and closure reimbursement.

**Southeast Iowa Regional Housing Authority** [www.seirha.com](http://www.seirha.com)  
 218 N. 3rd St., Ste 311, Burlington..... 319-753-5109  
 Hrs: Monday - Friday 8am-4pm

Rental assistance: Applicants must meet eligibility requirements for income guidelines and family status. Single persons are eligible only if elderly or disabled.

**The Refuge House**..... 319-201-8187  
 A Christ-centered (sober living) transitional house for men. Helping men work towards wholeness and self-reliance, \$100 fee first month. Must pass UA. 1 year program.

**USDA Rural Development** [www.usda.gov/topics/rural/housing-assistance](http://www.usda.gov/topics/rural/housing-assistance)  
 709 S. Iris St., Ste 103, Mt. Pleasant..... 319-986-5800  
 Provides rental assistance, loans, and grants for home purchase and home repairs.

**Apartments**

**Brazelton Lofts** [www.hobarthistoricrestoration.com](http://www.hobarthistoricrestoration.com) *Smoke-Free!*  
 100 N. Main St., Mt. Pleasant ..... 319-826-6532

**Brucemore Apartments**  
 309 W. Broad St., Mt. Pleasant ..... 319-385-8346

**Chesapeake Apartments (low-income)**  
 800 N. Palm Ave., Mt. Pleasant..... 319-385-8076

**Colonial Apartments**  
 115 E. Monroe St., Mt. Pleasant ..... 319-385-4246

**Country Charm Building**  
 110 N. Main St., Mt. Pleasant ..... 319-385-3522

**Englewood Village Apartments**  
 101 E. Langdon St., Mt. Pleasant ..... 319-217-6601

**Harlan House**  
 122 N. Jefferson St., Mt. Pleasant ..... 319-931-4044

**Heather Branch Estates**  
 700 E. Arbor Lane, Mt. Pleasant ..... 319-986-5397

**Hoaglin Lofts** *Smoke-Free!*  
 103-105 S. Jefferson St., Mt. Pleasant ..... [scott.lowe1@mchsi.com](mailto:scott.lowe1@mchsi.com)

**Main Street Cinema Lofts** *Smoke-Free!*  
 115 N. Main St., Mt. Pleasant ..... [scott.lowe1@mchsi.com](mailto:scott.lowe1@mchsi.com)

**Maple Place Apartments**  
 405 S. Maple, Winfield..... 262-790-4560

**Mapleleaf Apartments (seniors and disabled persons)** *Smoke-Free!*  
 704 E. Mapleleaf Dr., Mt. Pleasant..... 319-385-2937

**Meadowbrook Apartments (low income)**  
 700 N. Cherry St., Mt. Pleasant..... 319-931-2386 or 641-919-6385

**Mt. Pleasant Park Apartments (low income)**  
 1202 N. Palm Ave., Mt. Pleasant ..... 641-919-6385

**Oakwood Village Properties**  
 915 W. Hill Ave., Mt. Pleasant..... 319-931-9336

**Plantation Apartments**  
 306 W. Monroe St., Mt. Pleasant ..... 319-986-5397

**Ramey Retirement Apartments (seniors and disabled persons)**  
 500 W. Washington St., New London..... 319-470-3029

**RTM Management Group -- Smoke-free**  
 Multiple locations ..... 319-986-6039

**Sievers Rental Properties** ..... 319-931-5336

**South Park Apartments**  
 709 S. Main St., Mt. Pleasant ..... 319-671-0798

**State Street Apartments**  
 312 & 314 W. State St., Mt. Pleasant ..... 319-385-4880

**SunnySlope Apartments**  
 1107 E. Linden Dr., Mt. Pleasant ..... 319-750-7900

**Swedesburg Apartments**  
 202 Sunset Dr., Swedesburg ..... 319-759-4593

**The Folks Apartment (seniors and disabled persons)** *Smoke-Free!*  
 308 N. Adams St., Mt. Pleasant..... 319-385-9610

**The Loft Apartments** *Smoke-Free!*  
 120 S. Main St., Mt. Pleasant ..... 319-931-0272

**Way-Mar Apartments (seniors and disabled persons)**  
 301 W. 3rd St., Wayland ..... 877-956-4505

**Westview Apartments (seniors and disabled persons)**  
 606 W. Central Ave., Winfield ..... 319-865-7281

**LEGAL**

**Henry County Attorney** [www.henrycountyiowa.us/offices/attorney](http://www.henrycountyiowa.us/offices/attorney)  
 100 E. Washington St., Ste 101, Mt. Pleasant ..... 319-385-0752

**Iowa Find-A-Lawyer** [www.iowafindalawyer.com](http://www.iowafindalawyer.com)  
 Attorneys listed on the Iowa Find-A-Lawyer website charge \$25 or less for the first 30 minutes of consultation.

**Iowa Legal Aid** [www.iowalegalaid.org](http://www.iowalegalaid.org)  
 Free legal help with civil law problems for eligible low-income Iowans.. 800-532-1275  
 Iowans age 60 and over, call the Legal Hotline for Older Iowans ..... 800-992-8161

**Iowa State Public Defender**  
 216 South 3rd St., Burlington..... 319-753-5163

## Juvenile Court Services of Henry County

129 N. Jefferson St., Mt. Pleasant ..... 319-986-5179

## State Attorney General [www.iowaattorneygeneral.gov/](http://www.iowaattorneygeneral.gov/)

Consumer Protection Division ..... 888-777-4590

Crime Victim Assistance Division ..... 800-373-5044

## LIBRARIES

### H J Nugen Public Library [www.newlondon.lib.ia.us](http://www.newlondon.lib.ia.us)

103 E. Main St., New London..... 319-367-7704

Hrs: Mon 10am-8pm; Tues/Thurs/Fri 10am-6pm; Wed 1-8pm; Sat 9am-1pm

### Hillsboro Public Library [www.hillsboro.lib.ia.us](http://www.hillsboro.lib.ia.us)

100 W. Commercial St., Hillsboro ..... 319-253-4000

Call for hours

### J. Raymond Chadwick Library [www.iw.edu/library/](http://www.iw.edu/library/)

Iowa Wesleyan University: 107 W. Broad St., Mt. Pleasant ..... 319-385-6316

Academic year hrs: Mon-Thurs 7:30am-11pm; Fri 7:30am-5pm; Sat 4-8pm; Sun 5-11pm

### Mt. Pleasant Public Library [www.mountpleasantiowalibrary.com](http://www.mountpleasantiowalibrary.com)

307 E. Monroe St., Suite 101 Mt. Pleasant..... 319-385-1490

Hrs: Mon-Thurs 9am-8pm; Fri 9am-5:30pm; Sat 9am-2pm

### Salem Crew Public Library [www.salem.lib.ia.us](http://www.salem.lib.ia.us)

107 E. Cherry St., Salem..... 319-258-9007

Hrs: Mon/Tues/Thurs 1-5pm; Wed 1-6pm; Sat 9am-12pm

### Winfield Public Library [www.winfield.lib.ia.us](http://www.winfield.lib.ia.us)

112 W. Ash St., Winfield ..... 319-257-3247

Hrs: Mon/Wed/Fri 10am-5pm; Tues/Thurs 12-5pm; Sat 9am-12pm

## PREGNANCY AND PARENTING

### Birthright [www.birthright.org](http://www.birthright.org)

1113 S. Main St., Burlington..... 319-753-2702

Hrs: Monday - Friday 11:30-4:30; Saturday 12-2pm

24-hour hotline ..... 800-550-4900

Pregnancy services and testing. Free and confidential. Resources and referrals for pregnant & new moms.

### Boot Camp for New Dads [www.bcnd.org](http://www.bcnd.org)

[facebook.com/BootCampForNewDadsMtPleasant](https://facebook.com/BootCampForNewDadsMtPleasant) .....(call/text Stephanie) 319-931-0067

Boot Camp for New Dads is a relaxed guys-only environment where “veteran” dads teach “rookie” dads what to expect from fatherhood with guidance from 2 experienced coaches. Boot Camps are held quarterly at Henry County Health Center at no charge.

### Cradle of Hope Pregnancy Resource Center [www.cradleofhopeiowa.com](http://www.cradleofhopeiowa.com)

1503 E. Washington (E-3 Center), Mt. Pleasant ..... 319-986-5336 or text 319-931-5759

Offers free pregnancy testing, prenatal classes, parenting, life skills classes, mentoring,

counseling (pregnancy, adoption, and post termination), health and nutrition, home skills, abstinence, and STD education. Earn While You Learn program allows women to earn “mommy bucks” which can be redeemed for car seats, cribs, diapers, and clothing. Limited availability of ultrasounds.

### Family Connection [www.healthyhenrycounty.org/parent-education](http://www.healthyhenrycounty.org/parent-education)

[www.facebook.com/famconnection](https://www.facebook.com/famconnection)

127 N. Main St., Mt. Pleasant ..... 319-385-4090

An individual support and education program for parents of children prenatal to 5 years. Providing parenting skill building, child development information, and age-appropriate activities to promote optimal development during the critical early years of life. Play-groups, educational events, and family fun nights are offered throughout the year. Parents can earn points for purchase of basic baby care items for participating.

### 1st Five [washph.com/Our-Services/1st-Five](http://washph.com/Our-Services/1st-Five) ..... 319-653-7758 ext. 105

A Washington County Public Health healthy mental development program serving Henry County that links families with children age 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

### Great Prairie Area Education Agency (AEA) [www.gpaee.org/](http://www.gpaee.org/)

2814 N. Court St., Ottumwa ..... 800-382-8970

3601 West Avenue, Burlington ..... 319-753-6561

Hrs: Monday - Thursday 8am-4:30pm; Friday 8am-4pm

**Early ACCESS:** Iowa’s early intervention system for children birth to 3 yrs. with delays in development or health/physical conditions that affect development.

**Special Education:** Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in selected school centers, speech-language services, and special education consulting.

### Henry County Public Health [www.henrycountyiowa.us/offices/publichealth](http://www.henrycountyiowa.us/offices/publichealth)

106 N. Jackson St., Ste. 103, Mt. Pleasant..... 319-385-0779

Hrs: Monday - Friday 8am-4pm

**Maternal and Child Health Program:** Provides referrals, wellness and dental screening, nutrition education, and education for young pregnant mothers by a registered nurse on birth of the baby, growth, and development.

**Newborn Home Visitor Program:** Provides a registered nurse to visit new moms and babies for education and early interventions/referrals.

### Parent Partners

David Selmon, Parent Partner Coordinator ..... 319-209-0916

Parent Partners mentor families who are currently navigating through DHS as their children are in foster or kinship care. They offer hope and advocate for families while forming a critical link between the DHS worker, other professionals, and the family.

**Young House Family Services** [www.younghouse.org](http://www.younghouse.org)

400 S. Broadway St., Burlington ..... 319-752-4000  
EPIC (Early Parenting Interventions and Coaching) program for parents of pre-school aged children.

## SENIOR CITIZENS

**Alzheimer's Association** [www.alz.org](http://www.alz.org) ..... 800-272-3900

24-hour helpline. Call for free educational programs, support groups, events, and other services. Many online resources available.

**Community & Senior Centers**

**Fellowship Cup** 203 N. Jefferson St., Mt. Pleasant ..... 319-385-3242

Community meal Wednesdays at 11:30am with cards following. Cards also on Fridays.

**Hillsboro** 105 E. Commercial St. (by rental only) ..... 319-253-4465

**New London** 103 W. Washington St. (by rental only) ..... 319-367-7702

**Salem** 201 S. Main St. .... 319-258-4111

**Winfield** 116 N. Locust St. .... 319-257-6921

**Congregate (Senior Dining) or Home Delivered Meals**

[www.milestonesaaa.org/meal-sites](http://www.milestonesaaa.org/meal-sites) ..... 855-410-6222

**Mt. Pleasant** – Senior Deli Dining at Hy-Vee, 1700 E. Washington St.

Hrs: Monday - Friday 11am-1pm; Reservations needed.

Call 855-410-6222 ext 7504 to make a reservation or inquire about home delivered meals. To cancel a senior deli dining meal – call 319-385-2266. (Hy-Vee)

**Salem** - Community Building, 201 S. Main St. .... 319-258-4111

Hrs: Monday - Friday 9am-1:30pm; Lunch at noon

**Winfield** - Veterans Building 116 N. Locust St. .... 319-257-6921

Hrs: Monday - Friday 10am-1pm; Lunch at 11:30am

**Dependent Adult Abuse Hotline** ..... 800-362-2178

**Henry County Public Health** [www.henrycountyiowa.us/offices/publichealth](http://www.henrycountyiowa.us/offices/publichealth)

106 N. Jackson St., Ste 103, Mt. Pleasant ..... 319-385-0779

Hrs: Monday - Friday 8am-4pm

**Adult Health Maintenance Program:** Home visits by a registered nurse to persons not eligible through a Medicare certified agency. Services include medication set-up, health assessments, blood draws for lab tests, and other health interventions.

**Homemaker Program:** Specially trained staff perform personal care and homemaking in the home under the direction of an RN. Services may include bathing and other personal cares, light housekeeping, laundry, errands, food shopping, and food preparation.

**Hy-Vee Home Medical Supplies Sales and Rentals**

1700 E. Washington St., Mt. Pleasant ..... 319-385-3164

Medical Supply Department Hrs: Monday - Friday 8am-6pm; Saturday 8am-2pm  
Covering a wide array of items including C-Pap, oxygen, incontinence, hospital beds, ostomy supplies, catheter, lift chairs, nebulizers, scooters, walkers, braces, reach aids, tends units, diabetic shoes, compression stockings, and crutches. Accepts most insurance as well as Medicare accredited. Also repairs and services many items.

**Lifeline**

Henry County Health Center ..... 319-385-6164

A personal call button 24 hours a day/365 days a year

**Milestones Area Agency on Aging (AAA)** [www.milestonesaaa.org](http://www.milestonesaaa.org)

509 Jefferson St., Burlington ..... 319-752-5433 or 855-410-6222

Helps older lowans age 60+, adults living with disabilities, and their caregivers plan for long-term independent living by providing information and making referrals to a wide range of local services and programs. Services include: Options Counseling, Senior Nutrition Program, Adult/Elder Abuse Prevention and Awareness Program, Family Caregiver Program, and Wellness & Safety Programs.

**Mom's Meals** [www.momsmeals.com](http://www.momsmeals.com)

Ready to heat meals delivered right to your door ..... 877-508-6667

**Pharmacy Delivery**

**Capstone Pharmacy** (Hrs: Mon - Fri 8:30am-6pm; Sat 9am-2pm)

210 N. Jefferson St., Mt. Pleasant ..... 319-385-0733

**Hy-Vee Clinic Pharmacy** (Hrs: Mon - Fri 9am-5pm)

501 S. White St., Mt. Pleasant ..... 319-385-6745

**Hy-Vee Pharmacy** (Hrs: Mon - Fri 8am-8pm; Sat 9am-5pm; Sun 10am-6pm)

1700 E. Washington St., Mt. Pleasant ..... 319-986-6979

**RSVP Retired Senior Volunteer Program** [www.thefellowshipcup.org/rsvp](http://www.thefellowshipcup.org/rsvp)

203 N. Jefferson St., Mt. Pleasant ..... 319-385-3242

Matches interests of people over 55 with rewarding, flexible volunteer opportunities for community service through local non-profit and public agencies.

**Senior Health Insurance Information Program (SHIIP)** [www.shiip.state.ia.us](http://www.shiip.state.ia.us)

Henry County Health Center ..... 800-351-4664 or 319-385-6774

Information regarding Medicare benefits and claims, Medicare choices, Medicare supplement insurance, long-term care insurance, and other types of health insurance sold to older lowans. Call for appointment.

**Sister's Home Style Entrees** [sistersentrees.com](http://sistersentrees.com)

Ready to heat meals delivered right to your door ..... 515-332-1928

**Social Security Administration** [www.ssa.gov](http://www.ssa.gov)

3920 Division St., Burlington ..... 800-772-1213

Hrs: Mon/Tues/Thurs/Fri 9am-4pm; Wed 9am-12pm; Sat/Sun/Holidays closed

## Senior Housing

**Arbor Village South (Independent living)**

126 W. Stonebrook Dr., Apt. 153, Mt. Pleasant ..... 319-385-9144

**Sunnybrook Assisted Living and Memory Care at Mt. Pleasant**

1406 E. Linden Dr., Mt. Pleasant [sunnybrookmtpleasant.com](http://sunnybrookmtpleasant.com) ..... 319-385-7227

RN supervised care, full meal service, weekly housekeeping service, emergency call system, and activities program.



### Van Vohries Haus

601 W. Monroe St., Mt. Pleasant ..... 319-385-3935  
Boarding home for senior citizens.

### NURSING HOMES

**Arbor Court** 701 E. Mapleleaf Dr., Mt. Pleasant ..... 319-385-1400

**New London Nursing and Rehab Center** [www.careinitiatives.org/new-london-specialty-care](http://www.careinitiatives.org/new-london-specialty-care)  
100 Care Circle, New London ..... 319-367-5753

**Park Place Elder Living** [www.parkplaceelderliving.com](http://www.parkplaceelderliving.com)  
401 S. Van Buren St., Mt. Pleasant ..... 319-385-5408

**Parkview Home** [www.parkviewwayland.com](http://www.parkviewwayland.com)  
102 N. Jackson St., Wayland ..... 319-256-2775

**Savannah Heights** [thesavannahheights.com](http://thesavannahheights.com)  
601 S. Prairie St., Mt. Pleasant ..... 319-385-8095

**Sunrise Terrace Nursing and Rehabilitation Center** [sunriseterracecc.com](http://sunriseterracecc.com)  
706 W. Central Ave., Winfield ..... 319-257-3303

## SUBSTANCE ABUSE

**Alcohol and Drug Dependency Services (ADDS)** [www.addsiowa.org](http://www.addsiowa.org)  
122 N. Main St., Mt. Pleasant ..... 319-385-2216

1340 Mt. Pleasant St., Burlington ..... 319-753-6567  
Hrs: Monday - Friday 8am-5pm; UA screenings: 8-11:15am, 1-4:15pm

Walk-in evaluations on Tuesday and Friday at 8am, first come first served. Services: Outpatient substance abuse and problem gambling treatment, residential treatment (Burlington facility), education and prevention services, consultation, crisis intervention, substance abuse and problem gambling screenings, OWI screenings and classes, and juvenile diversion program.

**Christamore Family Treatment Center** [www.younghouse.org](http://www.younghouse.org)  
905 S. Iris St., Mt. Pleasant ..... 319-385-2906

Adolescent & Adult Substance Abuse Program (ASAP) provides individual and group substance abuse treatment for adolescents and adults.

**Iowa Harm Reduction Coalition** [iowaharmreductioncoalition.org](http://iowaharmreductioncoalition.org)  
Eastern Iowa Hotline ..... 319-214-0540

Provides comprehensive health and social services to people who use or inject drugs. Including risk reduction kits, Naloxone kits, HIV/HCV testing, fentanyl test strips, linkage to substance use treatment and social services.

**Life Connections Peer Recovery Services** [www.lifeconnectionsrecovery.org](http://www.lifeconnectionsrecovery.org)  
Serves Henry County ..... 563-695-1171

Supports individuals who are experiencing mental health and substance addiction issues and who want to work on their recovery goals and situations before getting into a crisis situation. Serves all individuals regardless of ability to pay.

**Your Life Iowa** [yourlifeiowa.org](http://yourlifeiowa.org)  
Call 24-hr hotline ..... 855-581-8111

Text 24-hr hotline ..... 855-895-8398

Find support for problems with alcohol, drugs, gambling, mental health, and suicidal thoughts. Chat live, get reliable information and treatment options, and find help near you. A service of Iowa Department of Public Health.

## SUPPORT GROUPS

**Alcoholics Anonymous** [www.aa-iowa.org](http://www.aa-iowa.org)  
24-hour hotline ..... 319-338-9111

Mt. Pleasant meetings: Sundays & Tuesdays 7pm; Thursdays 5 & 7pm - St. Michael's Episcopal Church (202 E. Washington St.)

Salem meetings: Fridays 8pm at Salem Friends Church (210 S. Main St.)

Online intergroup/online meetings at [aa-intergroup.org](http://aa-intergroup.org)

**Alzheimer's Association** [www.alz.org](http://www.alz.org)  
24-hr helpline ..... 800-272-3900

Call for free educational programs, support groups, events, and other services. Many online resources available.

**Bereavement**  
GriefShare ..... 319-572-5451

EveryStep Grief Support Group, 118 N. Main St., Mt. Pleasant ..... 319-385-4472

**Cardiac/Pulmonary Support Group** [www.hchc.org/health-services/cardiac-rehab/](http://www.hchc.org/health-services/cardiac-rehab/)  
Henry County Health Center ..... 319-385-6504

Encourages persons with concerns about heart and lung disease in their goals for a healthy lifestyle. The group meets every other month.

**Coffee Club** [www.hchc.org/health-services/diabetes-education-center/](http://www.hchc.org/health-services/diabetes-education-center/)  
Henry County Health Center ..... 319-385-6518

Free social hour at HCHC discussing diabetes and other health topics.

**Early Access Coordination** (Great Prairie AEA)  
[www.iafamilysupportnetwork.org/early-access-iowa](http://www.iafamilysupportnetwork.org/early-access-iowa)

Support group for families of preschoolers with special needs ..... 800-382-8970

**Narcotics Anonymous** [iowa-na.org](http://iowa-na.org)  
Iowa Narcotics Anonymous Hotline ..... 800-897-6242

Mon 6:30pm; Wed 6pm at Mt. Pleasant Public Library (307 E. Monroe St.)

**PFLAG National** [www.pflag.org](http://www.pflag.org)  
Mt. Pleasant Chapter ..... [pflagmountpleasant@gmail.com](mailto:pflagmountpleasant@gmail.com)

Provides confidential peer support, education, and advocacy for LGBTQ+ people, family, and friends.

**Special Needs Parents, Friends, Grandparents Support Group**  
Hosted by First Presbyterian Church, 902 S. Walnut St., Mt. Pleasant ..... 319-217-9444

A time to share, learn, and support each other. Monthly meeting; please call for meeting dates and to RSVP for childcare.

## TRANSPORTATION

**Access2Care** [www.access2care.net](http://www.access2care.net)

To request a ride please call.....**866-572-7662**

Provides non-emergency medical transportation services to Iowa Medicaid members.

**Burlington Trailways Bus** [burlingtontrailways.com](http://burlingtontrailways.com)

2005 E. Washington St., (Iris St. & E. Highway 34) Mt. Pleasant.....**319-385-2103**

### Delivery Services Available:

[www.amazon.com](http://www.amazon.com) - wide variety of household items including some grocery

[www.hy-vee.com/grocery](http://www.hy-vee.com/grocery) - all grocery items delivered in town, store pickup also available

[www.walmart.com](http://www.walmart.com) - non-grocery items, some grocery available for delivery

[grocery.walmart.com](http://grocery.walmart.com) - in-stock items including grocery available for store pickup

See also Pharmacy Delivery listings in the Health Care section

**RSVP Retired Senior Volunteer Program** [www.thefellowshipcup.org/rsvp](http://www.thefellowshipcup.org/rsvp)

203 N. Jefferson St., Mt. Pleasant .....**319-385-3242**

Provides medical transportation for seniors and those with disabilities. Call at least 48 hours in advance.

**SEIBUS** (public transportation) [www.seirpc.com/seibus/route.html](http://www.seirpc.com/seibus/route.html)

To schedule a ride please call.....**866-753-5107**

Available to the general public and is wheelchair accessible. Transportation provided county-wide Monday - Friday 9am-3pm. Call for appointment at least 1 day in advance for best results. Medical shuttle to Iowa City hospitals on Tuesdays, Wednesdays and Thursdays, excluding holidays.

*SEIBUS medical transportation rides within Henry County are currently at no charge to riders. This is subject to change based on grant funding so please ask when making an appointment.*

## VETERAN SERVICES

**Henry County Veterans Affairs Office** [www.henrycountyiowa.us/offices/veterans](http://www.henrycountyiowa.us/offices/veterans)

106 E Clay St., Suite 103, Mt. Pleasant .....**319-385-0792**

Hrs: Tues/Thurs 8am-4pm; Wed 8am-12pm

Provides information and assistance to veterans and their families, i.e. rent, utilities, and burial. A resource for veterans with disabilities.

**Home Base Iowa** [www.homebaseiowa.gov/resources/communities/henry/](http://www.homebaseiowa.gov/resources/communities/henry/)

Henry County is designated as a Home Base Iowa community, a one-of-a-kind program assisting veterans and transitioning service members. Visit the website to learn more about the Veteran's welcome package, participating employers, and other resources.

**Iowa City VA Health Care System** [www.iowacity.va.gov](http://www.iowacity.va.gov)

601 Hwy 6 West, Iowa City .....**319-338-0581** or **800-637-0128**

**Coralville outpatient clinic**.....**319-358-2406**

**Ottumwa outpatient clinic**.....**641-683-4300**

## Iowa City VA Health Care Transportation

Burlington, IA Veteran Van (picks up in Henry County).....**319-752-7171**  
Need 3 business days advance notice. Call Monday - Friday between 7-11am and 1-3pm.

Quincy, IL Veterans Bus (picks up in Henry County) .....**217-228-0695**

Need 3 business days advance notice. Rides available on Tuesdays, Wednesdays and Thursdays.

**VA Home Front** [www.va.gov/homeless](http://www.va.gov/homeless)

24-hour hotline .....**877-424-3838 (877-4AID-VET)**

Provides assistance to veterans who are homeless or at risk of being homeless

**Veterans Crisis Line** ..... **800-273-8255, press 1**

## WELLNESS

**Anytime Fitness** [www.anytimefitness.com](http://www.anytimefitness.com)

700 N. Grand Ave., Mt. Pleasant.....**319-385-2033**

Membership includes a free, no-pressure fitness consultation, global access to more than 3,000 gyms, and always open 24/7 convenience. All in a welcoming club and supportive member community.

**Crossfit Teo** [teomp.com](http://teomp.com)

2555 Lexington Ave., Mt. Pleasant .....**319-217-9368**

CrossFit Teo is a community built on faith, integrity, and hard working individuals who are passionate about improving their life through health and wellness. Our purpose at CrossFit Teo is to create a place where individuals can come and enjoy fitness, while feeling comfortable and building a community with our coaches and other members.

**Deerwood Golf Club**

2870 Deerwood Golf Rd., New London.....**319-367-5216**

**Geocaching** [www.geocaching.com](http://www.geocaching.com)

A family-friendly outdoor treasure hunting game using GPS-enabled devices. Navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Visit the website or download the free app to learn more and view all of the Henry County geocaches.

**Henry County Health Center** (programs may require physician referral) [www.hchc.org](http://www.hchc.org)

Cardiac & Pulmonary Rehab Phase III outpatient exercise program .....**319-385-6504**

Nutrition Counseling.....**319-385-6143**

Stay Fit Anytime exercise program in the Rehab Services Department, \$25/month

.....**319-385-6102**

**Henry County Public Health** [www.henrycountyiowa.us/offices/publichealth](http://www.henrycountyiowa.us/offices/publichealth)

106 N. Jackson St., Ste 103, Mt. Pleasant.....**319-385-0779**

Better Choices/Better Health 6-week chronic disease self-management workshops available.

**Hy-Vee Dietitian Services** [www.hy-vee.com/health/hy-vee-dietitians/default.aspx](http://www.hy-vee.com/health/hy-vee-dietitians/default.aspx)  
1700 E. Washington St., Mt. Pleasant..... **319-385-2266**  
Offers personalized shopping assistance, nutrition counseling, and community presentations.

**Iowa Wesleyan University – Howe Activity Center Indoor Walking Track**  
Available for public use Monday – Friday 5am-10pm unless an IW event is scheduled or campus is closed. Walkers should bring a different pair of walking shoes than they wear in. No strollers. Children must be supervised. IW reserves the right to close the track without notice.

**Kaufman Fitness Center, Wayland**  
Contact WACO Central Office for memberships..... **319-256-6201**  
Open 4:30am – 11pm daily

**Mt. Pleasant Aquatic Center** [cityofmountpleasantiowa.org/parks-recreation/aquatic-center](http://cityofmountpleasantiowa.org/parks-recreation/aquatic-center)  
Saunders Park, behind Henry County Health Center ..... **319-385-1475**

**Mt. Pleasant Farmers Market**  
Wright Pavilion at McMillan Park; May – Oct. Wednesdays 4-6pm; Saturdays 8:30-11am

**Mt. Pleasant Golf and Country Club**  
2275 Hickory Ave., Mt. Pleasant ..... **319-986-6157**

**Mt. Pleasant Parks & Recreation** [cityofmountpleasantiowa.org/parks-recreation](http://cityofmountpleasantiowa.org/parks-recreation)  
307 E. Monroe St., Mt. Pleasant ..... **319-385-1475**  
Offers a variety of preschool, youth and adult programs. Contact to rent shelter houses.

**Outdoor Tracks** (available for public use when not in school use and according to school rules)  
Mapleleaf Athletic Complex, Mt. Pleasant  
New London School Track  
WACO School Track, Wayland  
WMU School Track, Winfield

**The REC Center** [www.mpreccenter.com](http://www.mpreccenter.com)  
200 E. Monroe St., Mt. Pleasant ..... **319-385-2960**  
The REC Center is a multi-purpose facility which includes two studio classrooms, gymnasium, two racquetball courts, lap pool, spa, indoor track, weight & cardio equipment and full locker rooms. Numerous programs and classes are available at the REC Center such as Land & Water Fitness Classes, Cycling Classes, Dance & Tumbling, Health Coaching, Basketball, Volleyball and Pickleball Leagues and many more.

**Twin Lakes Golf Course** 409 N. Clark St., Winfield..... **319-257-6253**

**Wayland Fitness**  
508 W. Main, Apt. 111..... **319-256-7200**  
Open 24/7; \$24 per month for unlimited use.

**Winfield Community Pool** 407 N. Clark St., Winfield..... **319-257-6661**

**Winfield Fitness Center** 117 S. Locust St., Winfield..... **319-257-6683**

## PARKS, TRAILS, & RECREATION AREAS

**East Lake Park** [cityofmountpleasantiowa.org/parks-recreation/parks-trails/](http://cityofmountpleasantiowa.org/parks-recreation/parks-trails/)  
1722 Lexington Ave., Mt. Pleasant ..... **319-385-1475**  
120-acre park with a 1.5 mile paved loop trail, 3 field softball complex, 2 shelter houses (for rent), 2 playground areas, 2 sand volleyball courts, 6.5-acre pond, 4 lighted tennis courts, 5 field soccer complex, 9 horseshoe courts, outdoor fitness equipment, driving range, and 18-hole disc golf course.

**Geode State Park**  
[www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610124](http://www.iowadnr.gov/Places-to-Go/State-Parks/Iowa-State-Parks/ParkDetails/ParkID/610124)  
3333 Racine Ave., Danville ..... **319-392-4601**  
A 1,640-acre park located in the southeast corner of Henry County, near Danville. Activities include hiking, biking, picnicking, swimming, boating, fishing, and camping surrounding the 187-acre lake.

**Henry County Conservation** [www.henrycountyconservation.com/](http://www.henrycountyconservation.com/)  
Call for more information about other recreation areas and activities..... **319-986-5067**

**Oakland Mills Park and Nature Center** [henrycountyconservation.com/oakland.htm](http://henrycountyconservation.com/oakland.htm)  
2593 Nature Center Drive, Mt. Pleasant ..... **319-986-5067**  
Located 4 ½ miles south of Mt. Pleasant along the Skunk River, this 104-acre area boasts camping, cabins, trails, fishing and guided canoe trips. Home of the **Oakland Mills Nature Center and Riverview Disc Golf Course**.

**Saunders Park** [cityofmountpleasantiowa.org/parks-recreation/parks-trails/](http://cityofmountpleasantiowa.org/parks-recreation/parks-trails/)  
..... **319-385-1475**  
60-acre park located next to Henry County Health Center. Facilities include the **Mt. Pleasant Family Aquatic Center**, playground equipment, 2 shelter houses (for rent), 2 gazebos, and a log cabin.

**Winfield Activity Park** 110 N. Olive St., Winfield ..... **319-257-6661**  
Features a sand volleyball court, horseshoes, a map with walking and biking trails, and a shelter house.

## YOUTH OPPORTUNITIES

**Boy Scouts of America** [www.mississippivalleybsa.org/](http://www.mississippivalleybsa.org/)  
3007 Flint Hills Dr., Burlington ..... **319-754-8413**

**Cub Scouts (Youth Grades K-5):** Activities are centered around earning badges that are specific to each school grade level.

**Scouts BSA (Youth 11-17 years old):** Service, community engagement and leadership development become increasingly important parts of the program as youth lead their own activities and work their way toward earning Scouting's highest rank, Eagle Scout.

**Venturing and Exploring** are programs for young men and young women ages 14 – 20 which aim to assist young people in becoming mature, responsible, caring, and goal oriented individuals.

**Girl Scouts of Eastern Iowa & Western Illinois** [www.GirlScoutsToday.org](http://www.GirlScoutsToday.org)

1308 Broadway St., West Burlington..... **319-752-3639**  
Through Girl Scouting and its all-girl environment, girls will gain courage, confidence and character as they encounter lessons about leadership, financial literacy, the environment, healthy living, and science & technology. For girls ages 5-17 to grow into productive citizens and leaders.

**ISU Extension and Outreach - Henry County** [www.extension.iastate.edu/henry](http://www.extension.iastate.edu/henry)

127 N. Main St., Mt. Pleasant ..... **319-385-8126**  
Community 4-H clubs (4th-12th grade), Clover Kids (K-3rd grade), special interest groups and curriculum for youth in a variety of subjects.

**INFORMATION HELPLINES**

AIDS/HIV CDC National Hotline TTY/TDD <a href="http://www.cdc.gov/hiv">www.cdc.gov/hiv</a> .....	<b>800-232-4636</b>
Alzheimer’s Association <a href="http://www.alz.org">www.alz.org</a> .....	<b>800-272-3900</b>
American Cancer Society <a href="http://www.cancer.org">www.cancer.org</a> .....	<b>800-227-2345</b>
American Heart Association <a href="http://www.heart.org">www.heart.org</a> .....	<b>800-242-8721</b>
American Lung Association of Iowa <a href="http://www.lung.org">www.lung.org</a> .....	<b>800-586-4872</b>
Better Business Bureau <a href="http://www.bbb.org/iowa/">www.bbb.org/iowa/</a> .....	<b>800-222-1600</b>
Boys Town Hotline <a href="http://www.boystown.org">www.boystown.org</a> .....	<b>800-448-3000</b>
Bullying & Youth Suicide Hotline <a href="http://www.yourlifeiowa.org">www.yourlifeiowa.org</a> .....	<b>855-581-8111</b>
Child & Adult Abuse Hotline, Department of Human Services .....	<b>800-362-2178</b>
COMPASS, Iowa (disability services) <a href="http://www.iowacompass.org">www.iowacompass.org</a> .....	<b>800-779-2001</b>
Cybertip Hotline (Center for Missing & Exploited Children) .....	<b>800-843-5678</b>
Domestic Violence Abuse Hotline <a href="http://www.thehotline.org">www.thehotline.org</a> .....	<b>800-799-7233</b>
Fair Housing & Equal Opportunity Hotline .....	<b>800-424-8590</b>
Family Support Network, Iowa .....	<b>888-425-4371</b>
Gambling Hotline (BETS OFF) <a href="http://www.1800betsoff.org">www.1800betsoff.org</a> .....	<b>800-BETS-OFF</b>
IRS (Federal Income Tax Info) <a href="http://www.irs.gov">www.irs.gov</a> .....	<b>800-829-1040</b>
Medicaid Member Services (Iowa) .....	<b>800-338-8366</b>
Medicare Hotline <a href="http://www.medicare.gov">www.medicare.gov</a> .....	<b>800-633-4227</b>
My Life, My Quit (youth nicotine cessation) <a href="http://mylifemyquit.com">mylifemyquit.com</a> ..call/text...	<b>855-981-9989</b>
National Hispanic Family Health Help Line.....	<b>866-SU-FAMILIA</b>
National Youth Crisis Hotline.....	<b>800-442-4673</b>
Poison Control <a href="http://www.iowapoisson.com">www.iowapoisson.com</a> .....	<b>800-222-1222</b>
Quitline Iowa (quit smoking) <a href="http://www.quitlineiowa.org">www.quitlineiowa.org</a> .....	<b>800-784-8669</b>
Rape, Abuse, & Incest National Network (RAINN).....	<b>800-656-4673</b>
Social Security Administration <a href="http://www.ssa.gov">www.ssa.gov</a> .....	<b>800-772-1213</b>
Suicide Prevention, National Lifeline <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a> ....	<b>800-273-8255</b>
Veterans Foundation Help Line.....	<b>888-777-4443</b>
Weather & Road Information <a href="http://www.511ia.org">www.511ia.org</a> .....	<b>511 or 800-288-1047</b>
Your Life Iowa (Alcohol, Drugs, Suicide) .....	call <b>855-581-8111</b> or text <b>855-895-8398</b>

**ISU Extension and Outreach Hotlines**

<b>Answer Line</b> <a href="http://www.extension.iastate.edu/answerline">www.extension.iastate.edu/answerline</a> .....	<b>800-262-3804</b>
M-F, 9 am-noon, 1-4 pm Questions relating to home and family.	
<b>Beginning Farmer Center</b> <a href="http://www.extension.iastate.edu/bfc">www.extension.iastate.edu/bfc</a> .....	<b>877-232-1999</b>
M-F, 8 am-5 pm, Resources to help the next generation of farmers.	
<b>Healthy Families</b> .....	<b>800-369-2229</b>
Available all hours, all days. Confidential health information and referral.	
<b>Hortline</b> <a href="http://www.yardandgarden.extension.iastate.edu/Hortline.htm">www.yardandgarden.extension.iastate.edu/Hortline.htm</a> .....	<b>515-294-3108</b>
Lawn, garden and landscape plant questions.	
<b>Iowa Concern</b> <a href="http://www.extension.iastate.edu/iowaconcern/">www.extension.iastate.edu/iowaconcern/</a> .....	<b>800-447-1985</b>
Available 24/7. Financial questions, legal issues, family transitions.	
<b>Teen Line</b> <a href="http://www.extension.iastate.edu/teenline/">www.extension.iastate.edu/teenline/</a> .....	<b>800-443-8336</b>
Available 24/7. Personal and health-related information and referral.	



*“Working together to make Henry County a better place to live, work, and raise a family.”*

Learn more about our efforts to improve health and wellness and find other resources including mental health resource guides at [www.HealthyHenryCounty.org/Resources](http://www.HealthyHenryCounty.org/Resources) or follow us at [facebook.com/HealthyHenryCounty](https://facebook.com/HealthyHenryCounty).

**Printed directories can be found at Henry County Public Health (also in Spanish), DHS, The Fellowship Cup, Chamber Office, Public Libraries, or call 319-385-0779.**

This publication is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$295,385 with 0% financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government.