

BEHAVIORAL HEALTH RESOURCE GUIDE - HENRY COUNTY, IOWA

24/7 CRISIS SERVICES

988 Suicide & Crisis Lifeline

Línea 988 de Prevención del Suicidio y Crisis

Call 988

Press 1 for Veterans

Para acceder al apoyo en español,
marque 988 y presione 2

Text 988

Veterans text 838255

Spanish-speaking envía la palabra
AYUDA a 988

Chat: 988lifeline.org/chat

Elevate Mobile Crisis Response

Request by calling 988 or
call Your Life Iowa at 855-581-8111

- Free onsite, in-person assistance

EMERGENCY SITUATIONS

If you are in a crisis and need
immediate assistance

**DIAL
911**

Scan here to access this guide and
other local resources:



HealthyHenryCounty.org/Resources



319-385-0779

106 N. Jackson St., Suite 103, Mt. Pleasant

HealthyHenryCounty.org/PublicHealth

OUTPATIENT SERVICES

Alcohol & Drug Dependency Services

319-385-2216 (Mt. Pleasant)

addsiowa.org

- Substance abuse and problem gambling services

Elements Family Therapy & Play Therapy

319-385-1665 (Mt. Pleasant)

- Outpatient mental health services for anyone age 5+

Heart Connections Therapy

319-850-4646 (New London)

- Outpatient mental health services for all ages

Henry County Health Center - Mt. Pleasant Clinic

greatriverhealth.org/henry-county-health-center

319-385-6770 (Mt. Pleasant)

- Outpatient mental health services for adults age 18+
- Medication management

Henry County Health Center - Senior Life Solutions

319-385-6552 (Mt. Pleasant)

greatriverhealth.org/henry-county-health-center

- Outpatient mental health services for adults age 65+

Hillcrest Family Services

319-385-7177 (Mt. Pleasant)

hillcrest-fs.org

- Outpatient mental health services for anyone age 15+
- Medication management
- Urgent care appointments available

New Life Link Counseling Services

319-931-9013 (New London)

- Outpatient mental health services for anyone age 14+

Optimae LifeServices

319-385-8051 (Mt. Pleasant)

optimaelifeservices.com

- Outpatient mental health services for anyone age 6+
- Medication management
- Urgent care appointments available

SUPPORT SERVICES

Alcoholics Anonymous

319-385-2633

Celebrate Recovery

319-237-8400 ext 201 (Mt. Pleasant)

- 12 step recovery program, weekly meetings

Choices Drop-In Center

319-201-1064 (211 W. Monroe, Mt. Pleasant)

firstresources.us/mental-health

- Monday-Friday 8:30am-4:30pm
- Mental health support; Adults only

Domestic Violence Intervention Program dvipiowa.org

24 hr hotline - 800-373-1043

- Free, confidential support to victim/survivors

Maternal Mental Health Hotline 833-852-6262 (call or text)

- Mental health support for moms and their families
before, during, and after pregnancy
- English and Spanish speaking

Narcotics Anonymous 800-897-6242

Rape Victim Advocacy Program

24 hr hotline - 800-228-1625 rvap.org

- Free, confidential resources & support

OTHER RESOURCES

211- Call 211 or visit 211iowa.org

- Find and connect to local, non-emergency
resources and supports

Henry County Disability Services

319-385-4050 (Mt. Pleasant)

- Funding and referral assistance

Iowa HHS Help Center

855-889-7985 hhservices.iowa.gov

- Health coverage application and assistance