

A Registered Nurse will check on your baby's development, provide you reassurance, and answer questions.

A little about me...



Is there a cost?

No, all newborn babies that live in Henry County are eligible for a visit free of charge.

Does it have to be right when I come home?

No, I fully understand the emotions that come with bringing a new baby home and visitors that follow. You can schedule your visit for whenever works for you. The visit doesn't have to be in your home, we could also meet at the public health office or another neutral location.

Call Mandi at 319-385-0779 to schedule your visit or to find out more.

"I have been a Registered Nurse for 13 years. In nursing school, I enjoyed my OB rotations the most, but my biggest desire when it came to selecting a nursing position was that it still allowed me time with my family. Eight years of my nursing experience is in a Family Practice clinic setting. I have two young boys and an infant daughter. And each pregnancy, birth and post-partum experience was different. I look forward to our visit and easing your transition of caring for your new baby."

Mandi Morin, BSN, RN, CLS

Newborn Nurse Visit Program



HealthyHenryCounty.org
Facebook.com/HealthyHenryCounty



106 N. Jackson St., Ste 103, Mt. Pleasant
319-385-0779

Congratulations!

You and your new baby are eligible for the Newborn Nurse Visit Program.

What does a visit consist of?

A visit can include any or all:

- Weight check of baby
- Opportunity to ask questions
- Blood pressure check of parent
- A gift bag for baby
- Folder with community resources



Education and resources can be provided for:

- Infant feeding, including breastfeeding
- Infant, home and car seat safety
- Safe sleep education
- Health insurance
- Immunizations
- Maternal mental health

How can I help you?

- Are you concerned about your baby's weight and don't want to wait until your next Doctor's appointment? We can just weigh baby.
- I can help answer questions about feeding cues, bathing, breastfeeding, pumping, types of bottles or formula, how to soothe a fussy baby, or just what normal newborn characteristics and patterns are.
- We can discuss postpartum health/mental health
- Or maybe you just need some reassurance over the phone, before or after delivery.

Are you breastfeeding?

I am a Certified Lactation Specialist

I can help you with:

- Latching techniques, inverted/dimpled nipples
- Lip/tongue tie identification
- Types of pumps and how to use
- Hand expression
- Sore nipples, mastitis, engorgement
- Paced bottle feeding/Cup feeding
- Supplemental nursing systems, shells and shields

